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Business Psychology and Organizational Behaviour - Eugene McKenna 2020-05-13

Business Psychology and Organizational Behaviour introduces principles and concepts in psychology and organizational behaviour with emphasis on relevance and applications. Well organised and clearly written, it draws on a sound theoretical and applied base, and utilizes real-life examples, theories, and research findings of relevance to the world of business and work. The new edition of this best-selling textbook has been revised and updated with expanded and new material, including: proactive personality and situational theory in personality; theory of purposeful work behaviour; emotional and social anxiety in communication; decision biases and errors; and right brain activity and creativity, to name a few. There are numerous helpful features such as learning outcomes, chapter summaries, review questions, a glossary, and a comprehensive bibliography. Illustrations of practice and relevant theory and research also take the reader through individual, group, and organizational perspectives. This is an essential textbook for undergraduates and postgraduates studying psychology and organizational behaviour. What is more, it can be profitably used on degree, diploma, professional, and short courses. It's also likely to be of interest to the reflective practitioner in work organizations.

Building Motivational Interviewing Skills, Second Edition - David B. Rosengren 2017-08-14

Many tens of thousands of mental health and health care professionals have used this essential book--now significantly revised with 70% new content reflecting important advances in the field--to develop and sharpen their skills in motivational interviewing (MI). Clear explanations of core MI concepts are accompanied by carefully crafted sample dialogues, exercises, and practice opportunities. Readers build proficiency for moving through the four processes of MI--engaging, focusing, evoking, and planning--using open-ended questions, affirmations, reflective listening, and summaries (OARS), plus information exchange. In a large-size format for easy photocopying, the volume includes more than 80 reproducible worksheets. Purchasers get access to a companion website where they can download and print the reproducible materials. New to This Edition *Fully revised and restructured around the new four-process model of MI. *Chapters on exploring values and goals and "finding the horizon." *Additional exercises, now with downloadable worksheets. *Teaches how to tailor OARS skills for each MI process. *Integrates key ideas from positive psychology. Winner (First Place)--American Journal of Nursing Book of the Year Award, Adult Primary Care Category This book is in the Applications of Motivational Interviewing series, edited by Stephen Rollnick, William R. Miller, and Theresa B. Moyers.

Intrinsic Motivation - Edward L. Deci 2012-12-06

As I begin to write this Preface, I feel a rush of excitement. I have now finished the book; my gestalt is coming into completion. Throughout the months that I have been writing this, I have, indeed, been intrinsically motivated. Now that it is finished I feel quite competent and self-determining (see Chapter 2). Whether or not those who read the book will perceive me that way is also a concern of mine (an extrinsic one), but it is a wholly separate issue from the intrinsic rewards I have been experiencing. This book presents a theoretical perspective. It reviews an enormous amount of research which establishes unequivocally that intrinsic motivation exists. Also considered herein are various approaches to the conceptualizing of intrinsic motivation. The book concentrates on the approach which has developed out of

the work of Robert White (1959), namely, that intrinsically motivated behaviors are ones which a person engages in so that he may feel competent and self-determining in relation to his environment. The book then considers the development of intrinsic motivation, how behaviors are motivated intrinsically, how they relate to and how intrinsic motivation is extrinsically motivated behaviors, affected by extrinsic rewards and controls. It also considers how changes in intrinsic motivation relate to changes in attitudes, how people attribute motivation to each other, how the attribution process is motivated, and how the process of perceiving motivation (and other internal states) in oneself relates to perceiving them in others.

Adult Educational Psychology - 2008-01-01

Adult Educational Psychology is useful for those encountering psychology as a subject in adult education courses as well as those with an interest in the psychology of adult development. It is directly relevant for teachers in higher education, instructors in technical and further education, staff development and human resource practitioners as well as community educators.

Theories in Educational Psychology - Alyssa R. Gonzalez-DeHass 2013

Theories in Educational Psychology's purpose is to introduce readers to the pioneering educational psychology theories that continue to shape our understanding of the classroom learning environment, present support for the theories from perspectives in the current research literature, and share how these theoretical traditions have translated into effective teaching methods. Each chapter will be infused with practical teaching examples, classroom vignettes, and instructional strategies so readers are continually confronted with how theory translates to practice. In addition to becoming familiar with the conceptual understanding of core theoretical knowledge, readers will also be presented with current thinking about each theory and an introduction to important related topics at the close of each chapter. The chapters will also conclude with activities designed to help readers reflect on their learning of each chapter's content.

A Theory of Human Motivation - Abraham H. Maslow 2019-02-11

US psychologist Abraham Maslow's *A Theory of Human Motivation* is a classic of psychological research that helped change the field for good. Like many field-changing thinkers, Maslow was not just a talented researcher, he was also a creative thinker - able to see things from a new perspective and show them in a different light. He studied what he called exemplary people such as Albert Einstein, Jane Addams, Eleanor Roosevelt, and Frederick Douglass rather than mentally ill or neurotic people. Maslow generated new ideas, forging what he called 'positive' or 'humanistic psychology'. His argument was that humans are psychologically motivated by a series of hierarchical needs, starting with the most essential first. His theories parallel many other theories of human developmental psychology, some of which focus on describing the stages of growth in humans.

Educational Psychology - 1968

Motivating Humans - Martin E. Ford 1992-10-06

This volume provides a precise and comprehensive description of human motivation. Drawing on psychology, education and management, Ford integrates classic and contemporary motivation theory into a unified framework - Motivational Systems Theory - from which he derives 17 principles for motivating

people. The book provides concrete examples throughout and includes a chapter on practical applications such as: promoting social responsibility in young people; increasing motivation for learning and school achievement; increasing work productivity and job satisfaction; and helping people lead emotionally healthy lives.

Talent Development in Gifted Education - Joyce VanTassel-Baska 2021-07-30

This volume brings together experts in gifted education to explore critical perspectives in talent development across the lifespan, guiding readers toward a deeper understanding of advanced learners and their education. Chapters in the first section delve into the foundational theory, research, and models of practice underpinning gifted education and talent development, while the second section examines the practical applications of talent development in assessment, programming, and ongoing research. The book concludes with an exploration of talent throughout the lifespan, featuring detailed case vignettes to illustrate development across diverse fields of practice. Ideal for researchers as well as students of gifted education and creativity studies, this comprehensive handbook challenges readers to interrogate what they think they know about giftedness and talent development.

Instructional Supervision - Sally J. Zepeda 2016-08-12

This essential text for prospective school leaders enrolled in instructional supervision and evaluation courses provides the knowledge and practical tools to improve teacher effectiveness. Melding theory and practice, this book is a definitive guide to successful classroom observations, pre- and post-observation conferences, and approaches such as action research, peer coaching, and mentoring. The fourth edition of this text has been thoroughly updated to meet the needs of school leaders in today's educational climate. Features new to this edition include: Additional and updated tools to support school leaders in conducting effective classroom observations and assessing teachers' professional learning needs; New case studies, suggested fieldwork, and extended reflections to outline practical applications for the strategies discussed; Suggested readings to supplement the information included in this book; Expanded discussions of professional learning communities and the topic of motivation; New chapters on teacher evaluation and instructional strategies that support personalization and learning technologies. This book offers strategies to work with teachers at all stages in their careers, laying a strong foundation for effective instructional supervision in PreK-12 schools. Many of the templates and tools in this book are also available as free eResource downloads from our website (www.routledge.com/9781138649347).

The Handbook of Behavior Change - Martin S. Hagger 2020-07-15

Social problems in many domains, including health, education, social relationships, and the workplace, have their origins in human behavior. The documented links between behavior and social problems have compelled governments and organizations to prioritize and mobilize efforts to develop effective, evidence-based means to promote adaptive behavior change. In recognition of this impetus, *The Handbook of Behavior Change* provides comprehensive coverage of contemporary theory, research, and practice on behavior change. It summarizes current evidence-based approaches to behavior change in chapters authored by leading theorists, researchers, and practitioners from multiple disciplines, including psychology, sociology, behavioral science, economics, philosophy, and implementation science. It is the go-to resource for researchers, students, practitioners, and policy makers looking for current knowledge on behavior change and guidance on how to develop effective interventions to change behavior.

Learning Theories - Dale H. Schunk 2013

For Learning Theory/Cognition and Instruction, Advanced Educational Psychology, and Introductory Educational Psychology courses. An essential resource for understanding the main principles, concepts, and research findings of key learning theories -especially as they relate to education-this proven text blends theory, research, and applications throughout, providing its readers with a coherent and unified perspective on learning in educational settings.

Introduction to Industrial/organizational Psychology - Ronald E. Riggio 2003

For courses in Industrial/Organizational Psychology and Psychology of Work Behavior. This inviting, comprehensive, student-oriented introduction to industrial/organizational psychology emphasizes the connections between theory and practice across the full spectrum of personnel issues, worker issues, work group and organizational issues, and work environment issues. Its focus on career information, employee-

centered issues, and cutting-edge research ensures that students get and stay motivated--right from the beginning.

Educational Administration - Frederick C. Lunenburg 2021-01-12

Now with SAGE Publishing! The bestselling *Educational Administration: Concepts and Practices* has been considered the standard for all educational administration textbooks for three decades. A thorough and comprehensive revision, the Seventh Edition continues to balance theory and research with practical application for prospective and practicing school administrators. While maintaining the book's hallmark features—a friendly and approachable writing style, cutting-edge content, and compelling pedagogy—authors Frederick C. Lunenburg and Allan Ornstein present research-based practices while discussing topical issues facing school administrators today. Included with this title: The password-protected Instructor Resource Site (formally known as SAGE Edge) offers access to all text-specific resources, including a test bank and editable, chapter-specific PowerPoint® slides.

How People Learn II - National Academies of Sciences, Engineering, and Medicine 2018-09-27

There are many reasons to be curious about the way people learn, and the past several decades have seen an explosion of research that has important implications for individual learning, schooling, workforce training, and policy. In 2000, *How People Learn: Brain, Mind, Experience, and School: Expanded Edition* was published and its influence has been wide and deep. The report summarized insights on the nature of learning in school-aged children; described principles for the design of effective learning environments; and provided examples of how that could be implemented in the classroom. Since then, researchers have continued to investigate the nature of learning and have generated new findings related to the neurological processes involved in learning, individual and cultural variability related to learning, and educational technologies. In addition to expanding scientific understanding of the mechanisms of learning and how the brain adapts throughout the lifespan, there have been important discoveries about influences on learning, particularly sociocultural factors and the structure of learning environments. *How People Learn II: Learners, Contexts, and Cultures* provides a much-needed update incorporating insights gained from this research over the past decade. The book expands on the foundation laid out in the 2000 report and takes an in-depth look at the constellation of influences that affect individual learning. *How People Learn II* will become an indispensable resource to understand learning throughout the lifespan for educators of students and adults.

Intervention Research in Educational Practice - Hermann Astleitner 2020

Improving learning and teaching at schools or universities may start with choosing evidence-based interventions and practices, but does not end there. To ensure sustainable changes to programs in educational practice, interventions need to address complex issues related to theories, research designs, and measurements. This book presents typical but often overlooked problems in intervention research in educational practice. These problems are embedded in various educational areas such as, amongst others, school effectiveness, instructional design or motivational aspects of teacher trainings.

Disciplinary and Content Literacy for Today's Adolescents, Sixth Edition - William G. Brozo 2017-04-24

Well established as a clear, comprehensive course text in five prior editions, this book has now been extensively revised, with a focus on disciplinary literacy. It offers a research-based framework for helping students in grades 6-12 learn to read, write, and communicate academic content and to develop the unique literacy, language, and problem-solving skills required by the different disciplines. In an engaging, conversational style, William G. Brozo presents effective instruction and assessment practices, illustrated with extended case studies and sample forms. Special attention is given to adaptations to support diverse populations, including English language learners. (Prior edition title: *Content Literacy for Today's Adolescents, Fifth Edition*.) New to This Edition: *Shift in focus to disciplinary literacy as well as general content-area learning. *Chapter on culturally and linguistically diverse learners. *Incorporates a decade of research and the goals of the Common Core State Standards. *Increased attention to academic vocabulary, English language learners, the use of technology, and multiple text sources, such as graphic novels and digital texts. *Pedagogical features: chapter-opening questions plus new case studies, classroom dialogues, practical examples, sample forms, and more.

Motivation in Education - Dale H. Schunk 2008

The primary objectives of *Motivation in Education: Theory, Research, and Application*, third edition, are: to present major motivational theories, principles, and research findings in sufficient detail to help students understand the complexity of motivational processes and to provide examples of motivational concepts and principles applied to educational settings. Although different perspectives on motivation are presented, the text emphasizes the role of personal cognitions and beliefs during teaching and learning. This focus is consistent with the view that learners are active, constructive participants in the learning process; consequently, the text highlights how motivation is situated, facilitated, and constrained by various classroom and contextual factors. Following an introductory chapter that defines and exemplifies motivation and discusses motivation research, how motivation relates to learning, and historical views of motivation, the next six chapters discuss theoretical and conceptual perspectives that stress the role of personal cognitions, beliefs, affects and values in motivation: expectancy-value theory, attribution theory, social cognitive theory, goal theory, interest and affect, and intrinsic and extrinsic motivation. The remaining three chapters focus on various contextual factors in promoting motivation: sociocultural influences, teacher influences, and classroom and school influences. By blending theory, research, and applications throughout, the text provides instructors and students with a unified view of the role of motivation in education.

Human Motivation and Interpersonal Relationships - Netta Weinstein 2014-07-08

This volume summarizes and organizes a growing body of research supporting the role of motivation in adaptive and rewarding interpersonal interactions with others. The field of human motivation is rapidly growing but most studies have focused on the effects of motivation on individuals' personal happiness and task engagement. Only recently have theorists and empiricists begun to recognize that dispositional and state motivations impact the ways individuals approach interpersonal interactions. In addition, researchers are now recognizing that the quality of interpersonal interactions influences consequent happiness and task engagement, thus helping to explain previous findings to this end. Similarly social psychology and relationships researchers have focused on the impact of cognitions, emotions, and behaviors on people's relationships. In their work, relationships researchers demonstrate that both contextual characteristics and individual differences influence the quality of interactions. Many of these studies seek to understand which characteristics strengthen the bonds between people, encourage empathy and trust and create a sense of well-being after a close interaction. This work seeks to integrate the field of human motivation and interpersonal relationships. Both fields have seen extensive growth in the past decade and each can contribute to the other. However, no single compiled work is available that targets both fields. This is the case, in part because only now is there enough work to make a strong and compelling case for their integration. In the previous years, research has been conducted to show that motivation is relevant and important for interactions among strangers and in close relationships. In addition developmental mechanisms for these relations are identified and mechanisms by which motivation strengthens people's relationships. Finally recent work has demonstrated the many implications for interpersonal relationships, showing that motivation impacts a range of interpersonal processes from prejudice regulation and objectification of others to empathy and care. This book seeks to summarize and organize all these findings and present them in a way that is relevant to both motivation researchers and social and relationship researchers.

Motivation and Learning Strategies for College Success - Helena Seli 2016-06-21

Combining theory, research, and applications, this popular text guides college students on how to become self-regulated learners. Students gain knowledge about human motivation and learning as they improve their study skills. The focus is on relevant information and features to help students to identify the components of academic learning that contribute to high achievement, to master and practice effective learning and study strategies, and then to complete self-regulation studies that teach a process for improving their academic behavior. A framework organized around motivation, methods of learning, time management, control of the physical and social environment, and monitoring performance makes it easy for students to recognize what they need to do to become academically more successful. Pedagogical features include Exercises, Follow-Up Activities, Student Reflections, Chapter-end Reviews, Key Points, and a

Glossary. New in the Fifth Edition Discussion of the importance of sleep in learning and memory Revised and updated chapter on self-regulation of emotions Current research on impact of students' use of technology including digital learning platforms and tools, social media, and online learning Updated Companion Website resources for students and instructors

Understanding Motivation and Emotion - Johnmarshall Reeve 2005

This work focuses on human needs and illustrates how to apply motivational principles. A strong humanistic orientation with balanced coverage of behavioral, cognitive and physiological approaches is presented in the text.

Motor Learning and Performance - Richard Schmidt 2019-09-18

Motor Learning and Performance: From Principles to Application, Sixth Edition With Web Study Guide, enables students to appreciate high-level skilled activity and understand how such incredible performances occur. Written in a style that is accessible even to students with little or no knowledge of physiology, psychology, statistical methods, or other basic sciences, this text constructs a conceptual model of factors that influence motor performance, outlines how motor skills are acquired and retained with practice, and shows students how to apply the concepts to a variety of real-world settings. The sixth edition of *Motor Learning and Performance* has been carefully revised to incorporate the most important research findings in the field, and it is supplemented with practice situations to facilitate a stronger link between research-based principles and practical applications. Other highlights include the following: A web study guide offers updated principles-to-application exercises and additional interactive activities for each chapter, ensuring that students will be able to transfer core content from the book to various applied settings. Extensive updates and new material related to the performance of complex movements expand the theoretical focus to a more in-depth analysis of dynamical systems and the constraints-led approach to learning. Narratives from *Motor Control in Everyday Actions* that appear in the web study guide tie each book chapter to concrete examples of how motor behavior is applicable to real life. Photo caption activities pose questions to students to encourage critical thinking, and answers to those questions are provided to instructors in the instructor guide. As the text investigates the principles of human performance, pedagogical aids such as learning objectives, key terms, and Check Your Understanding questions help students stay on track with learning in each chapter. Focus on Research and Focus on Application sidebars deliver more detailed research information and make connections to real-world applications in areas such as teaching, coaching, and therapy. The sixth edition of *Motor Learning and Performance: From Principles to Application* goes beyond simply presenting research—it challenges students to grasp the fundamental concepts of motor performance and learning and then go a step further by applying the concepts. Incorporating familiar scenarios brings the material to life for students, leading to better retention and greater interest in practical application of motor performance and learning in their everyday lives and future careers.

Health Behavior - Karen Glanz 2015-07-01

The essential health behavior text, updated with the latest theories, research, and issues *Health Behavior: Theory, Research and Practice* provides a thorough introduction to understanding and changing health behavior, core tenets of the public health role. Covering theory, applications, and research, this comprehensive book has become the gold standard of health behavior texts. This new fifth edition has been updated to reflect the most recent changes in the public health field with a focus on health behavior, including coverage of the intersection of health and community, culture, and communication, with detailed explanations of both established and emerging theories. Offering perspective applicable at the individual, interpersonal, group, and community levels, this essential guide provides the most complete coverage of the field to give public health students and practitioners an authoritative reference for both the theoretical and practical aspects of health behavior. A deep understanding of human behaviors is essential for effective public health and health care management. This guide provides the most complete, up-to-date information in the field, to give you a real-world understanding and the background knowledge to apply it successfully. Learn how e-health and social media factor into health communication Explore the link between culture and health, and the importance of community Get up to date on emerging theories of health behavior and their applications Examine the push toward evidence-based interventions, and global applications Written and edited by the leading health and social behavior theorists and researchers, *Health Behavior: Theory,*

Research and Practice provides the information and real-world perspective that builds a solid understanding of how to analyze and improve health behaviors and health.

Social and Personality Development - Michael E. Lamb 2013-05-13

This new text contains parts of Bornstein and Lamb's Developmental Science, 6th edition, along with new introductory material, providing a cutting edge and comprehensive overview of social and personality development. Each of the world-renowned contributors masterfully introduces the history and systems, methodologies, and measurement and analytic techniques used to understand the area of human development under review. The relevance of the field is illustrated through engaging applications. Each chapter reflects the current state of knowledge and features an introduction, an overview of the field, a chapter summary, and numerous classical and contemporary references. As a whole, this highly anticipated text illuminates substantive phenomena in social and personality developmental science and its relevance to everyday life. Students and instructors will appreciate the book's online resources. For each chapter, the website features: chapter outlines; a student reading guide; a glossary of key terms and concepts; and suggested readings with hotlinks to journal articles. Only instructors are granted access to the test bank with multiple-choice, short-answer, and essay questions; PowerPoints with all of the text's figures and tables; and suggestions for classroom discussion/assignments. The book opens with an introduction to social and personality development as well as an overview of developmental science in general—its history and theory, the cultural orientation to thinking about human development, and the manner in which empirical research is designed, conducted, and analyzed. Part 2 examines personality and social development within the context of the various relationships and situations in which developing individuals function and by which they are shaped. The book concludes with an engaging look at applied developmental psychology in action through a current examination of children and the law. Ways in which developmental thinking and research affect and are affected by practice and social policy are emphasized. Intended for advanced undergraduate and/or graduate level courses on social and personality development taught in departments of psychology, human development, and education, researchers in these areas will also appreciate this book's cutting-edge coverage.

Theories of Development - William Crain 2015-10-02

The result of extensive scholarship and consultation with leading scholars, this text introduces students to twenty-four theorists and compares and contrasts their theories on how we develop as individuals. Emphasizing the theories that build upon the developmental tradition established by Rousseau, this text also covers theories in the environmental/learning tradition.

Cognitive Motivation - David Beswick 2017-08-10

A new general theory of cognitive motivation, combining affective and cognitive principles, is applied to a range of purposive behaviour.

Parent Involvement for Motivated Learners - Alyssa R. Gonzalez-DeHass 2019-09-26

Parent Involvement for Motivated Learners provides pre-service teachers and researchers with guidance on how to foster mindful, healthy school-family partnerships that empower students to become resilient, self-directed learners. Given the intense academic pressures on students to succeed - and on parents and teachers to help them do so - it is important to develop learners who can weather increased standards and demands. Committed to helping teachers reflect on how parent involvement relates to motivational concepts such as the growth mindset, self-regulated learning, and intrinsic motivation to learn, this book is an accessible synthesis of relevant research and theory surrounding student motivation and parent involvement.

Cross-Cultural Psychology - Eric B. Shiraev 2016-08-12

Written in a conversational style that transforms complex ideas into accessible ones, this international best-seller provides an interdisciplinary review of the theories and research in cross-cultural psychology. The book's unique critical thinking framework, including Critical Thinking boxes, helps to develop analytical skills. Exercises interspersed throughout promote active learning and encourage class discussion. Case in Point sections review controversial issues and opinions about behavior in different cultural contexts. Cross-Cultural Sensitivity boxes underscore the importance of empathy in communication. Numerous applications better prepare students for working in various multicultural contexts such as teaching, counseling, health

care, and social work. The dynamic author team brings a diverse set of experiences in writing this book. Eric Shiraev was raised in the former Soviet Union and David Levy is from Southern California. Sensation, perception, consciousness, intelligence, human development, emotion, motivation, social perception, interaction, psychological disorders, and applied topics are explored from cross-cultural perspectives. New to the 6th Edition: Over 200 recent references, particularly on studies of non-western regions such as the Middle East, Africa, Asia, & Latin America as well as the US and Europe. New chapter on personality and the self with an emphasis on gender identity. New or revised chapter opening vignettes that draw upon current events. More examples related to the experiences of international students in the US and indigenous people. Many more figures and tables that appeal to visual learners. New research on gender, race, religious beliefs, parenting styles, sexual orientation, ethnic identity and stereotypes, conflict resolution, immigration, intelligence, physical abuse, states of consciousness, DSM-5, cultural customs, evolutionary psychology, treatment of psychological disorders, and acculturation. Revised methodology chapter with more attention to issues related specifically to cross-cultural research and more on qualitative and mixed methods. A companion website at www.routledge.com/9781138668386 where instructors will find a test bank containing multiple choice, true and false, short answer, and essay questions and answers for each chapter, and a complete set of tables and figures from the text; and students will find chapter outlines, flashcards of key terms, and links to further resources and the authors' Facebook page. Intended as a text for courses on cross-cultural psychology, multicultural psychology, cultural psychology, cultural diversity, and the psychology of ethnic groups and a resource for practitioners, researchers, and educators who work in multicultural environments.

Self-Determination Theory - Richard M. Ryan 2018-11-06

"Among the most influential models in contemporary behavioral science, self-determination theory (SDT) offers a broad framework for understanding the factors that promote human motivation and psychological flourishing. In this authoritative work, SDT cofounders Richard M. Ryan and Edward L. Deci systematically review the theory's conceptual underpinnings, empirical evidence base, and practical applications across the lifespan. Ryan and Deci demonstrate that supporting people's basic needs for competence, relatedness, and autonomy is critically important for virtually all aspects of individual and societal functioning."--Jacket.

Human Motivation - David C. McClelland 1988-01-29

Human Motivation, originally published in 1987, offers a broad overview of theory and research from the perspective of a distinguished psychologist whose creative empirical studies of human motives span forty years. David McClelland describes methods for measuring motives, the development of motives out of natural incentives and the relationship of motives to emotions, to values and to performance under a variety of conditions. He examines four major motive systems - achievement, power, affiliation and avoidance - reviewing and evaluating research on how these motive systems affect behaviour. Scientific understanding of motives and their interaction, he argues, contributes to understanding of such diverse and important phenomena as the rise and fall of civilisations, the underlying causes of war, the rate of economic development, the nature of leadership, the reasons for authoritarian or democratic governing styles, the determinants of success in management and the factors responsible for health and illness. Students and instructors alike will find this book an exciting and readable presentation of the psychology of human motivation.

Adult Learning - Sharan B. Merriam 2013-09-03

Solidly grounded in theory and research, but concise and practice-oriented, *Adult Learning: Linking Theory and Practice* is perfect for master's-level students and practitioners alike. Sharan Merriam and Laura Bierema have infused each chapter with practical applications for instruction which will help readers personally relate to the material. The contents covers: Adult Learning in Today's World Traditional Learning Theories Andragogy Self-Directed Learning Transformative Learning Experience and Learning Body and Spirit in Learning Motivation and Learning The Brain and Cognitive Functioning Adult Learning in the Digital Age Critical Thinking and Critical Perspectives Culture and Context Discussion questions and activities for reflection are included at the end of each chapter.

Taking Play Seriously (2nd Ed.) - Ole Fredrik Lillemyr 2020-05-01

In the book, the author is focusing the importance of play for children from 0 years up to 8-12 years of age,

e.g. in ECE centers and elementary schools. In particular, the importance of play for learning, through motivation as related to self-competence, inspiration and engagement. In this second edition, the author is emphasizing more thoroughly the importance of play as a challenge of learning, with implications for children, as well as for teachers. Further, the author is referring to how meaning making in children's production of multi-module narrative products can contribute to their digital personal formation. The selection of theories presented in the second edition is somewhat expanded, and in the end the author is presenting a few important educational challenges of the field of children's play.

Routledge International Handbook of Research Methods in Digital Humanities - Kristen Schuster 2020-08-24

This book draws on both traditional and emerging fields of study to consider what a grounded definition of quantitative and qualitative research in the Digital Humanities (DH) might mean; which areas DH can fruitfully draw on in order to foster and develop that understanding; where we can see those methods applied; and what the future directions of research methods in Digital Humanities might look like. Schuster and Dunn map a wide-ranging DH research methodology by drawing on both 'traditional' fields of DH study such as text, historical sources, museums and manuscripts, and innovative areas in research production, such as knowledge and technology, digital culture and society and history of network technologies. Featuring global contributions from scholars in the United Kingdom, the United States, Europe and Australia, this book draws together a range of disciplinary perspectives to explore the exciting developments offered by this fast-evolving field. Routledge International Handbook of Research Methods in Digital Humanities is essential reading for anyone who teaches, researches or studies Digital Humanities or related subjects.

Teaching Motivation for Student Engagement - Debra K. Meyer 2021-03-01

Helping teachers understand and apply theory and research is one of the most challenging tasks of teacher preparation and professional development. As they learn about motivation and engagement, teachers need conceptually rich, yet easy-to-use, frameworks. At the same time, teachers must understand that student engagement is not separate from development, instructional decision-making, classroom management, student relationships, and assessment. This volume on teaching teachers about motivation addresses these challenges. The authors share multiple approaches and frameworks to cut through the growing complexity and variety of motivational theories, and tie theory and research to real-world experiences that teachers are likely to encounter in their courses and classroom experiences. Additionally, each chapter is summarized with key "take away" practices. A shared perspective across all the chapters in this volume on teaching teachers about motivation is "walking the talk." In every chapter, readers will be provided with rich examples of how research on and principles of classroom motivation can be re-conceptualized through a variety of college teaching strategies. Teachers and future teachers learning about motivation need to experience explicit modeling, practice, and constructive feedback in their college courses and professional development in order to incorporate those into their own practice. In addition, a core assumption throughout this volume is the importance of understanding the situated nature of motivation, and avoiding a "one-size-fits" all approach in the classroom. Teachers need to fully interrogate their instructional practices not only in terms of motivational principles, but also for their cultural relevance, equity, and developmental appropriateness. Just like P-12 students, college students bring their histories as learners and beliefs about motivation to their formal study of motivation. That is why college instructors teaching motivation must begin by helping students evaluate their personal beliefs and experiences. Relatedly, college instructors need to know their students and model differentiating their interactions to support each of them. The authors in this volume have, collectively, decades of experience teaching at the college level and conducting research in motivation, and provide readers with a variety of strategies to help teachers and future teachers explore how motivation is supported and undermined. In each chapter in this volume, readers will learn how college instructors can demonstrate what effective, motivationally supportive classrooms look, sound, and feel like.

Theories of Human Learning - Guy R. Lefrançois 2019-10-24

Mrs Gribbin invites you to join her as she explores the changing landscape of learning theories and their implications.

Healing the Reason-Emotion Split - Daniel S. Levine 2020-12-30

Healing the Reason-Emotion Split draws on research from experimental psychology and neuroscience to dispel the myth that reason should be heralded above emotion. Arguing that reason and emotion mutually benefit our decision-making abilities, the book explores the idea that understanding this relationship could have long-term advantages for our management of society's biggest problems. Levine reviews how reason and emotion operated in historical movements such as the Enlightenment, Romanticism and 1960s' counterculture, to conclude that a successful society would restore human connection and foster compassion in economics and politics by equally utilizing reason and emotion. Integrating discussion on classic and contemporary neurological studies and using allegory, the book lays out the potential for societal change through compassion, and would be of interest to psychologists concerned with social implications of their fields, philosophy students, social activists, and religious leaders.

Motivation: Theory, Research, and Application - Herbert L. Petri 2012-04-19

With its signature focus on evolutionary psychology, MOTIVATION: THEORY, RESEARCH AND APPLICATION, 6E reflects the latest developments from the field in its thorough coverage of the biological, behavioral, and cognitive explanations for human motivation. The book clearly presents the advantages and drawbacks to each of these explanations, allowing students to draw their own conclusions. Relevant and timely, the text helps readers understand the processes that activate their behavior by drawing examples from topics that interest students, including sleep, stress, eating disorders, helping behavior, emotion, and more. Extremely student friendly, the text includes numerous study aids to maximize learner success, while vivid graphic illustrations offer additional insight into key concepts. In addition, its unique thematic approach gives instructors ultimate flexibility. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Motivation - Herbert Petri 2003-07

With a new evolutionary theme, Petri's book covers the biological, behavioral, and cognitive explanations for human motivation. The advantages and drawbacks to each of these explanations are presented, allowing students to draw their own conclusions. Students want to know why they behave the way they do. To help students understand the processes that activate their behavior, Petri uses examples drawn from such contemporary topics as sexual behavior, aggression, eating disorders, and obesity to capture and keep students interested. To help students master and retain the information covered, this edition builds upon the text's simple and direct language with expanded pedagogy including preview questions at the beginning of every chapter, end of chapter summaries, key terms, Web links, and suggestions for further reading.

The Anti-Anxiety Workbook - Martin M. Antony 2015-04-27

Recent breakthroughs in the study and treatment of anxiety are empowering countless people to find relief from chronic fears, worrying, phobias, and obsessions. This inviting workbook shows how. The state-of-the-art program presented here is grounded in cognitive-behavioral therapy, the most effective treatment for anxiety. No matter what type of anxiety problem you suffer from, leading experts Drs. Martin M. Antony and Peter J. Norton provide an unrivaled toolkit of proven strategies to help you: *Understand what anxiety is and how it gets out of control *Identify your anxiety triggers *Change the beliefs and behaviors that make symptoms worse *Develop a safe, gradual plan for confronting feared situations *Learn the facts about medications and herbal remedies *Achieve a new level of calm with relaxation and meditation techniques *Find the right professional help, if and when you need it Vivid examples and user-friendly worksheets (you can download and print additional copies as needed) guide you to put the book's science-based techniques into action. Effective problem-solving tips ease you through the rough spots in recovery. If you're ready to take back your life from anxiety, you've come to the right place. Association for Behavioral and Cognitive Therapies (ABCT) Self-Help Book of Merit

Handbook of Music and Emotion - Patrik N. Juslin 2011-03-17

Music's ability to express and arouse emotions is a mystery that has fascinated both experts and laymen at least since ancient Greece. The predecessor to this book 'Music and Emotion' (OUP, 2001) was critically and commercially successful and stimulated much further work in this area. In the years since publication of that book, empirical research in this area has blossomed, and the successor to 'Music and Emotion' reflects the considerable activity in this area. The Handbook of Music and Emotion offers an 'up-to-date'

account of this vibrant domain. It provides comprehensive coverage of the many approaches that may be said to define the field of music and emotion, in all its breadth and depth. The first section offers multi-disciplinary perspectives on musical emotions from philosophy, musicology, psychology, neurobiology, anthropology, and sociology. The second section features methodologically-oriented chapters on the measurement of emotions via different channels (e.g., self report, psychophysiology, neuroimaging). Sections three and four address how emotion enters into different aspects of musical behavior, both the making of music and its consumption. Section five covers developmental, personality, and social factors. Section six describes the most important applications involving the relationship between music and

emotion. In a final commentary, the editors comment on the history of the field, summarize the current state of affairs, as well as propose future directions for the field. The only book of its kind, *The Handbook of Music and Emotion* will fascinate music psychologists, musicologists, music educators, philosophers, and others with an interest in music and emotion (e.g., in marketing, health, engineering, film, and the game industry). It will be a valuable resource for established researchers in the field, a developmental aid for early-career researchers and postgraduate research students, and a compendium to assist students at various levels. In addition, as with its predecessor, it will also attract interest from practising musicians and lay readers fascinated by music and emotion.