

Monday Mornings Sanjay Gupta

This is likewise one of the factors by obtaining the soft documents of this **Monday Mornings Sanjay Gupta** by online. You might not require more era to spend to go to the ebook start as competently as search for them. In some cases, you likewise realize not discover the pronouncement Monday Mornings Sanjay Gupta that you are looking for. It will definitely squander the time.

However below, behind you visit this web page, it will be appropriately certainly easy to acquire as capably as download guide Monday Mornings Sanjay Gupta

It will not say yes many era as we accustom before. You can reach it even if proceed something else at house and even in your workplace. for that reason easy! So, are you question? Just exercise just what we present under as with ease as evaluation **Monday Mornings Sanjay Gupta** what you with to read!

Love Anthony - Lisa Genova 2012-09-27

From the bestselling author of *Still Alice* comes a heartfelt novel about friendship and a mother coping with the loss of her autistic son. Olivia Donatelli's dream of a 'normal' life was shattered when her son, Anthony, was diagnosed with autism at age three. He didn't speak. He hated to be touched. He almost never made eye contact. And just as Olivia was starting to realise that happiness and autism could coexist, Anthony died. Now she's alone in a cottage on Nantucket, separated from her husband, desperate to understand the meaning of her son's short life, when a chance encounter with another woman facing her own loss brings Anthony alive again for Olivia in a most unexpected way. In a piercing story about motherhood, love and female friendship, Lisa Genova offers us two unforgettable women on the verge of change who discover the small but exuberant voice that helps them both find the answers they need. Fans of *The Reason I Jump* and *The Curious Incident of the Dog in the Night-time* will love Lisa Genova's story: always authentic and utterly moving. *Remember how you couldn't put down *Still Alice*? Well, clear your schedule—because you're going to feel the same way! Jodi Picoult*

Backable - Suneel Gupta 2021-02-23

A groundbreaking book that boldly claims the key to success is not talent, connections, or ideas, but the ability to persuade people to take a chance on your potential. "The most exceptional people aren't just brilliant...they're backable." —Daniel Pink, #1 New York Times bestselling author of *When, Drive and To Sell is Human* No one makes it alone. But there's a reason some people can get investors or bosses to believe in them while others cannot. And that reason has little to do with experience, pedigree, or a polished business plan. Backable people seem to have a hidden quality that inspires others to take action. We often chalk this up to natural talent or charisma...either you have "it" or you don't. After getting rejected by every investor he pitched, Suneel Gupta had a burning question: Could "it" be learned? Drawing lessons from hundreds of the world's biggest thinkers, Gupta discovered how to pitch new ideas in a way that has raised millions of dollars, influenced large-scale change inside massive corporations, and even convinced his eight-year-old daughter to clean her room. Inside *Backable* are long-held secrets from producers of Oscar-winning films, members of Congress, military leaders, culinary stars, venture capitalists, founders of unicorn-status startups, and executives at iconic companies like Lego, Method, and Pixar. *Backable* reveals how the key to success is not charisma, connections, or even your résumé, but rather your ability to persuade others to take a chance on you. This original book will show you how.

12 Weeks to a Sharper You - Sanjay Gupta 2022-12-27

Keep your brain young and healthy at any age with this practical workbook through the 12-week program from the #1 New York Times bestselling author of *Keep Sharp*. Chief CNN medical correspondent Dr. Sanjay Gupta helped countless readers keep their brains sharp and effortlessly productive with *KEEP SHARP*. In *12 Weeks to a Sharper You*, he now provides a step-by-step 12-week program to help you put his transformational ideas into daily practice. He writes, "Change is a challenge, and changing long-established habits takes effort." But this workbook makes it easy to apply Gupta's groundbreaking tips and research to establish healthy behaviors for life. The 12-week program will help you feel less anxious, sleep better, improve energy, think more clearly, and become more resilient to daily stress. Full of tips, quotations, and

prompts, *12 Weeks to a Sharper You* is the only guide you'll need to keep your brain young and healthy at any age!

Connect The Dots - Bansal, rashmi 2011-12-31

Mahima Mehra did it. Ranjiv Ramchandani did it. Kalyan Varma did it. *Connect the Dots* is the story of 20 enterprising individuals without an MBA, who started their own ventures. They were driven by the desire to prove themselves. To lead interesting, passionate, meaningful lives. Their stories say one thing loud and clear. You don't need a fancy degree or a rich daddy to dream big and make it happen. It's all in your head, your heart, your hands.

A Short Guide to a Long Life - David B. Agus 2014-01-07

The New York Times bestselling book of simple rules everyone should follow in order to live a long, healthy life, featuring illustrations throughout, from the author of *The End of Illness*. In his international bestseller, *The End of Illness*, Dr. David B. Agus shared what he has learned from his work as a pioneering cancer doctor, revealing the innovative steps he takes to prolong the lives of not only cancer patients, but those who want to enjoy a vigorous, lengthy life. Now Dr. Agus has turned his research into a practical and concise illustrated handbook for everyday living. He believes optimal health begins with our daily routines. *A Short Guide to a Long Life* is divided into three sections (What to Do, What to Avoid, and Doctor's Orders) that provide the definitive answers to many common and not-so-common questions: Who should take a baby aspirin daily? Are flu shots safe? What constitutes "healthy" foods? Why is it important to protect your senses? Are airport scanners hazardous? Dr. Agus will help you develop new patterns of personal health care, using inexpensive and widely available tools that are based on the latest and most reliable science. An accessible and essential handbook for preparing for visits to the doctor and maintaining control of your future, "A Short Guide to a Long Life explores the simple idea that a healthy tomorrow starts with good habits today" (Fortune).

Oxygen - Carol Cassella 2008-07-01

With the compassion of Jodi Picoult and the medical realism of Atul Gawande, real-life anesthesiologist Carol Cassella's riveting national bestseller seamlessly melds compelling women's fiction and medical drama to create an "involving debut that's just what the doctor ordered" (People). Dr. Marie Heaton is an anesthesiologist at the height of her profession. She has worked, lived, and breathed her career since medical school, and she now practices at a top Seattle hospital. Marie has carefully constructed and constricted her life according to empirical truths, to the science and art of medicine. But when her tried-and-true formula suddenly deserts her during a routine surgery, she must explain the nightmarish operating room disaster and face the resulting malpractice suit. Marie's best friend, colleague, and former lover, Dr. Joe Hillary, becomes her closest confidante as she twists through depositions, accusations and a remorseful preoccupation with the mother of the patient in question. As she struggles to salvage her career and reputation, Marie must face hard truths about the path she's chosen, the bridges she's burned, and the colleagues and superiors she's mistaken for friends. A quieter crisis is simultaneously unfolding within Marie's family. Her aging father is losing his sight and approaching an awkward dependency on Marie and her sister, Lori. But Lori has taken a more traditional path than Marie and is busy raising a family. Although

Marie has been estranged from her Texas roots for decades, the ultimate responsibility for their father's care is falling on her. As her carefully structured life begins to collapse, Marie confronts questions of love and betrayal, family bonds and the price of her own choices. Set against the natural splendor of Seattle, and inside the closed vaults of hospital operating rooms, Oxygen climaxes in a final twist that is as heartrending as it is redeeming.

[The Whole Body Reset](#) - Stephen Perrine 2022-03-01

New York Times Bestseller Stop—and even reverse!—age-related weight gain and muscle loss with the first-ever weight-loss plan specifically designed to shrink your belly, extend your life, and create your healthiest self at mid-life and beyond. You don't have to gain weight as you age. That's the simple yet revolutionary promise of The Whole Body Reset, which uncovers why standard diet and exercise advice stops working for us as we approach midlife—and reveals how simple changes to the way we eat can halt, and even reverse, age-related weight gain and muscle loss. The Whole Body Reset presents stunning new evidence about the power of “protein timing” for people at midlife—research that blows away current government guidelines, refutes the myth of slowing metabolisms and “inevitable” weight gain, and changes the way people in their mid-forties and older should think about food. The Whole Body Reset explains in simple, inspiring terms exactly how our bodies change with age, and how eating to accommodate those changes can make us respond to exercise as if we were twenty to thirty years younger. Developed by AARP, tested by a panel of more than 100 AARP employees, and approved by an international board of doctors, nutritionists, and fitness experts, The Whole Body Reset doesn't use diet phases, eating windows, calorie restriction, or other trendy gimmicks. Its six simple secrets and scores of recipes are easy to follow, designed for real people living in the real world. A dining guide even shows how to follow this program in popular restaurants from McDonald's to Starbucks to Olive Garden. And best of all: It works!

Miracle Cure - Michael Palmer 2011-01-05

The master of medical suspense takes you to prestigious Boston Heart Institute, where some patients are dying to get well “A highly entertaining tale of greed and medicine run amok.”—Chicago Tribune After a troubled past, Dr. Brian Holbrook has been given a second chance to prove himself. At state-of-the-art Boston Heart Institute, he's been chosen to join the medical team testing a new miracle drug. The initial results are so promising that Brian pushes to get his father—who suffers from a dangerous heart condition—accepted into the study. But Brian is beginning to suspect his superiors are hiding something. Why are crucial records disappearing? Why did a patient making startling progress suddenly die? Is the miracle drug a prescription for death? The answers could cost Brian more than his career. For at Boston Heart Institute, knowing too much is the quickest way to the morgue. Praise for Miracle Cure “Packs plenty of heart-stopping action.”—Associated Press “A fast-paced lively thriller.”—Boston Sunday Herald

The Sea Is My Brother - Jack Kerouac 2013-03-26

In the spring of 1943, during a stint in the Merchant Marine, twenty-one-year old Jack Kerouac set out to write his first novel. Working diligently day and night to complete it by hand, he titled it The Sea Is My Brother. Now, nearly seventy years later, its long-awaited publication provides fascinating details and insight into the early life and development of an American literary icon. Written seven years before The Town and The City officially launched his writing career, The Sea Is My Brother marks a pivotal point in which Kerouac began laying the foundations for his pioneering method and signature style. A clear precursor to such landmark works as On the Road, The Dharma Bums, and Visions of Cody, it is an important formative work that bears all the hallmarks of classic Kerouac: the search for spiritual meaning in a materialistic world, spontaneous travel as the true road to freedom, late nights in bars and apartments engaged in intense conversation, the desperate urge to escape from society, and the strange, terrible beauty of loneliness.

[Monday Mornings](#) - Sanjay Gupta 2012-03-13

Every time surgeons operate, they're betting their skills are better than the brain tumor, the faulty heart valve, the fractured femur. Sometimes, they're wrong. At Chelsea General, surgeons answer for bad outcomes at the Morbidity and Mortality conference, known as M & M. This extraordinary peek behind the curtain into what is considered the most secretive meeting in all of medicine is the back drop for the entire book. Monday Mornings, by Dr. Sanjay Gupta, follows the lives of five surgeons at Chelsea General as they

push the limits of their abilities and confront their personal and professional failings, often in front of their peers at M & M. It is on Monday mornings that reflection and introspection occurs, usually in private. It is Monday Mornings that provides a unique look at the real method in which surgeons learn - through their mistakes. It is Monday Mornings when, if you're lucky, you have a chance at redemption.

Super Genes - Deepak Chopra, M.D. 2015-11-10

The authors of the New York Times bestseller Super Brain present a bold new understanding of our genes and how simple changes in lifestyle can boost genetic activity. The leap into "radical well-being" is a promise waiting to be fulfilled. "You are not simply the sum total of the genes you were born with," writes Deepak Chopra and Rudy Tanzi. "You are the user and controller of your genes, the author of your biological story. No prospect in self-care is more exciting." Learning how to shape your gene activity is at the heart of this exciting and eagerly-anticipated book from the bestselling duo behind Super Brain, which became a nationwide hit on public television. For decades medical science has believed that genes determined our biological destiny. Now the new genetics has changed that assumption forever. You will always have the genes you were born with, but genes are dynamic, responding to everything we think, say, and do. Suddenly they've become our strongest allies for personal transformation. When you make lifestyle choices that optimize how your genes behave, you can reach for a state of health and fulfillment undreamed of even a decade ago. The impact on prevention, immunity, diet, aging, and chronic disorders is unparalleled.

A Dublin Student Doctor - Patrick Taylor 2011-10-11

Patrick Taylor's devoted readers know Doctor Fingal Flahertie O'Reilly as a pugnacious general practitioner in the quaint Irish village of Ballybucklebo. Now Taylor turns back the clock to give us a portrait of the young Fingal—and show us the pivotal events that shaped the man he would become. In the 1930s, fresh from a stint in the Royal Navy Reserve, and against the wishes of his disapproving father, Fingal O'Reilly goes to Dublin to study medicine. Fingal and his fellow aspiring doctors face the arduous demands of Trinity College and Sir Patrick Dun's Hospital. The hours are long and the cases challenging, but Fingal manages to find time to box and play rugby—and to romance a fetching, gray-eyed nurse named Kitty O'Hallorhan. Dublin is a city of slums and tenements, where brutal poverty breeds diseases that the limited medical knowledge of the time is often ill-equipped to handle. His teachers warn Fingal not to become too attached to his patients, but can he truly harden himself to the suffering he sees all around him—or can he find a way to care for his patients without breaking his heart? A Dublin Student Doctor is a moving, deeply human story that will touch longtime fans as well as readers who are meeting Doctor Fingal O'Reilly for the very first time. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

[Blue Boy](#) - Rakesh Satyal 2009-04-28

At twelve-year-old Indian American boy believes he is the reincarnation of Krishna and plans to unveil his true identity at the school talent show. Meet Kiran Sharma: lover of music, dance, and all things sensual; son of immigrants, social outcast, spiritual seeker. A boy who doesn't quite understand his lot—until he realizes he's a god . . . As an only son, Kiran has obligations—to excel in his studies, to honor the deities, to find a nice Indian girl, and, above all, to make his mother and father proud—standard stuff for a boy of his background. If only Kiran had anything in common with the other Indian kids besides the color of his skin. They reject him at every turn, and his cretinous public schoolmates are no better. Cincinnati in the early 1990s isn't exactly a hotbed of cultural diversity, and Kiran's not-so-well-kept secrets don't endear him to any group. Playing with dolls, choosing ballet over basketball, taking the annual talent show way too seriously...the very things that make Kiran who he is also make him the star of his own personal freak show . . . Surrounded by examples of upstanding Indian Americans—in his own home, in his temple, at the weekly parties given by his parents' friends—Kiran nevertheless finds it impossible to get the knack of “normalcy.” And then one fateful day, a revelation: perhaps his desires aren't too earthly, but too divine. Perhaps the solution to the mystery of his existence has been before him since birth. For Kiran Sharma, a long, strange trip is about to begin—a journey so sublime, so ridiculous, so painfully beautiful, that it can only lead to the truth . . . Praise for Blue Boy “Compassionate, moving, funny, and wise, Blue Boy is one of the best debut novels I have read in years.” &mda

Chasing Life - Sanjay Gupta 2007-04-09

For centuries, adventurers and scientists have believed that not only could we delay death but that "practical immortality" was within our reach. Today, many well-respected researchers would be inclined to agree. In a book that is not about anti-aging, but about functional aging--extending your healthy, active life--Dr. Sanjay Gupta blends together compelling stories of the most up-to-date scientific breakthroughs from around the world, with cutting-edge research and advice on achieving practical immortality in this lifetime. Gupta's advice is often counterintuitive: longevity is not about eating well, but about eating less; nutritional supplements are a waste of your money; eating chocolate and drinking coffee can make you healthier. CHASING LIFE tells the stories behind the breakthroughs while also revealing the practical steps readers can take to help extend youth and life far longer than ever thought possible.

Damnation - Jean Johnson 2014-11-25

It began with a terrible vision of the future. Compelled by her precognitive abilities, Ia must somehow save her home galaxy long after she's gone. Now Jean Johnson presents the long-awaited epic conclusion to her national bestselling military science fiction series... With their new ship claimed and new crewmembers being collected, Ia's Damned are ready and willing to re-enter the fight against the vicious, hungry forces of their Salik foes. But shortly after they board the Damnation to return to battle, a new threat emerges. After several centuries of silence, the Greys are back, and the Alliance must now combat both a rapacious, sadistic enemy, and a terrifying, technologically superior foe. Ia has asked nothing of her crew that she herself has not been willing to give. But with two wars to bring to an end—and time running out—Ia must make and execute the most terrible choice of all...

Keep Sharp - Sanjay Gupta 2022-01-04

"Throughout our life, we look for ways to keep our mind sharp and effortlessly productive. Now, globetrotting neurosurgeon Dr. Sanjay Gupta offers insights from top scientists all over the world, whose cutting-edge research can help you heighten and protect brain function and maintain cognitive health at any age. Keep Sharp debunks common myths about aging and cognitive decline, explores whether there's a 'best' diet or exercise regimen for the brain, and explains whether it's healthier to play video games that test memory and processing speed, or to engage in more social interaction. Discover what we can learn from 'super-brained' people who are in their eighties and nineties with no signs of slowing down--and whether there are truly any benefits to drugs, supplements, and vitamins"--

Summary of Keep Sharp by Sanjay Gupta - Genius Reads 2021-01-21

Note to Readers:This is an unofficial Summary & Analysis of Sanjay Gupta's "Keep Sharp" designed to enrich your reading experience.Genius Reads is one of the Highest Rated summary books in the market today. Genius Reads gives an in-depth chapter by chapter 10000 word breakdown of the Best Seller. " Keep Sharp" by Sanjay Gupta

Remember It! - Nelson Dellis 2018-09-11

Throughout his research into memory theory, Nelson Dellis found existing memory improvement guides to be wanting--overcomplicated, dry, and stodgy. So he decided to write a book that is approachable and fun, centered on what people actually need to remember. In Remember It!, Dellis teaches us how to make the most of our memory, using his competition-winning techniques. Presenting the information in a user-friendly way, Dellis offers bite-size chapters, addressing things we wish we could remember but often forget: names, grocery lists, phone numbers, where you left your keys--you name it! This fast-paced, highly illustrated tour of the inner workings of the brain makes improving your memory simple and fun.

Keep Sharp - Sanjay Gupta 2021-01-05

Keep your brain young, healthy, and sharp with this science-driven guide to protecting your mind from decline by neurosurgeon and CNN chief medical correspondent Dr. Sanjay Gupta. Throughout our life, we look for ways to keep our minds sharp and effortlessly productive. Now, globetrotting neurosurgeon Dr. Sanjay Gupta offers "the book all of us need, young and old" (Walter Isaacson, #1 New York Times bestselling author of The Code Breaker) with insights from top scientists all over the world, whose cutting-edge research can help you heighten and protect brain function and maintain cognitive health at any age. Keep Sharp debunks common myths about aging and mental decline, explores whether there's a "best" diet or exercise regimen for the brain, and explains whether it's healthier to play video games that test memory

and processing speed, or to engage in more social interaction. Discover what we can learn from "super-brained" people who are in their eighties and nineties with no signs of slowing down—and whether there are truly any benefits to drugs, supplements, and vitamins. Dr. Gupta also addresses brain disease, particularly Alzheimer's, answers all your questions about the signs and symptoms, and shows how to ward against it and stay healthy while caring for a partner in cognitive decline. He likewise provides you with a personalized twelve-week program featuring practical strategies to strengthen your brain every day. Keep Sharp is the "must-read owner's manual" (Arianna Huffington) you'll need to keep your brain young and healthy regardless of your age!

Grief Connects Us - Joseph D. Stern 2021-05-11

In his exceptionally thought-provoking and moving memoir, neurosurgeon Joseph D. Stern explores how personal loss influences the way physicians relate to patients and their families. How does a doctor who deals with the death of patients on a regular basis confront his own loss when his beloved sister is living out her last days? Despite a career as a neurosurgeon, Joseph Stern learned more about the nature of illness and death after his younger sister, Victoria, developed leukemia than his formal medical training ever taught him. Her death broke down the self-protective barriers he had built to perform his job and led to a profound shift in his approach to medicine. During the year of his sister's illness, Dr. Stern developed a greater awareness of the needs of patients and their families; of the burdens they carry; of the importance of connection, communication, and gratitude; and of what it means to ask the right questions. Grief Connects Us bridges the gap between patients and doctors, providing a window into their shared concerns. Interspersing reflections from Victoria's journal, stories of patients and colleagues, and insights from experts, Dr. Stern has orchestrated a symphony of voices guiding us toward greater mutual understanding and appreciation of the beauty and fragility of life. No matter which side of the patient-doctor relationship you find yourself on, listening with empathy, a willingness to be vulnerable, and emotional agility are skills we can all develop to improve how we meet difficult, unavoidable challenges.

The End of Illness - David B. Agus 2012-01-17

Challenges popular conceptions to outline new methods for promoting wellness and longevity, arguing that traditional medicine has not been successful in treating serious illness while urging readers to embrace a systemic understanding of the body that incorporates the use of revolutionary technologies.

Heft - Liz Moore 2012

An obese former academic shut-in and a poor kid dreaming of a successful baseball career are linked together by a former student who transforms their lives in this novel from the author of The Words of Every Song. 20,000 first printing.

The Alienist (TNT Tie-in Edition) - Caleb Carr 2017-11-21

NEW YORK TIMES BESTSELLER • NOW A TNT ORIGINAL SERIES • "A first-rate tale of crime and punishment that will keep readers guessing until the final pages."—Entertainment Weekly "Caleb Carr's rich period thriller takes us back to the moment in history when the modern idea of the serial killer became available to us."—The Detroit News When The Alienist was first published in 1994, it was a major phenomenon, spending six months on the New York Times bestseller list, receiving critical acclaim, and selling millions of copies. This modern classic continues to be a touchstone of historical suspense fiction for readers everywhere. The year is 1896. The city is New York. Newspaper reporter John Schuyler Moore is summoned by his friend Dr. Laszlo Kreizler—a psychologist, or "alienist"—to view the horribly mutilated body of an adolescent boy abandoned on the unfinished Williamsburg Bridge. From there the two embark on a revolutionary effort in criminology: creating a psychological profile of the perpetrator based on the details of his crimes. Their dangerous quest takes them into the tortured past and twisted mind of a murderer who will kill again before their hunt is over. Fast-paced and riveting, infused with historical detail, The Alienist conjures up Gilded Age New York, with its tenements and mansions, corrupt cops and flamboyant gangsters, shining opera houses and seamy gin mills. It is an age in which questioning society's belief that all killers are born, not made, could have unexpected and fatal consequences. Praise for The Alienist "[A] delicious premise . . . Its settings and characterizations are much more sophisticated than the run-of-the-mill thrillers that line the shelves in bookstores."—The Washington Post Book World "Mesmerizing."—Detroit Free Press "The method of the hunt and the disparate team of hunters lift the tale

beyond the level of a good thriller—way beyond. . . . A remarkable combination of historical novel and psychological thriller.”—The Buffalo News “Engrossing.”—Newsweek “Gripping, atmospheric . . . intelligent and entertaining.”—USA Today “A high-spirited, charged-up and unfailingly smart thriller.”—Los Angeles Times “Keeps readers turning pages well past their bedtime.”—San Francisco Chronicle

The Good Father - Noah Hawley 2013-01-08

From the author of the New York Times bestseller *Before the Fall*, an intense, psychological novel about one doctor's suspense-filled quest to unlock the mind of a suspected political assassin: his twenty-year old son. As a rheumatologist, Dr. Paul Allen's specialty is diagnosing patients other doctors have given up on. His son, Daniel Allen has always been a good kid but, as a child of divorce, he is also something of a drifter. Which may be why, at the age of nineteen, he quietly drops out of Vassar and begins an aimless journey across the United States, shedding his former skin and eventually even changing his name. One night, Paul is home with his family when a televised news report announces that the Democratic candidate for president has been shot, and Daniel is the lead suspect. Convinced of his son's innocence Paul begins to trace his son's steps to see where Daniel, or perhaps Paul, went wrong, beginning a harrowing journey--about the responsibilities of being a parent and the capacity for unconditional love in the face of an unthinkable situation—that keeps one guessing until the very end.

Rich Bitch - Nicole Lapin 2015-03-01

Talking about money sucks; but so does being broke. Do your eyes glaze over just thinking about the mumbo-jumbo of finance? Do you break out into hives at the thought of money? Well, sister, you are not alone. In *RICH BITCH*, money expert and financial journalist Nicole Lapin lays out a 12-Step Plan in which she shares her experiences, mistakes and all, of getting her own finances in order. No lecturing, just help from a friend. And even though money is typically an off-limits conversation, nothing is off-limits here. Lapin rethinks every piece of financial wisdom you've ever heard and puts her own fresh, modern, sassy spin on it. Sure, there are some hard-and-fast rules about finance, but when it comes to your money, the only person who can spend it is you. Should you invest in a 401(k)? Maybe not. Should you splurge on that morning latte? Likely yes. Instead of nickel-and-diming yourself, Nicole's advice focuses on investing in yourself so you don't have to stress over the little things. But in order to do that, you have to be able to speak the language of money. After all, money is a language like anything else, and the sooner you can join the conversation, the sooner you can live the life you want, *RICH BITCH* rehabs whatever bad habits you might have and provides a plan you can not only sustain, but thrive with. It's time to go after the rich life you deserve, and confident enough to call yourself a *RICH BITCH*.

Hitlerland - Andrew Nagorski 2012-03-13

“Hitlerland is a bit of a guilty pleasure. Reading about the Nazis is not supposed to be fun, but Nagorski manages to make it so. Readers new to this story will find it fascinating” (The Washington Post). Hitler's rise to power, Germany's march to the abyss, as seen through the eyes of Americans—diplomats, military officers, journalists, expats, visiting authors, Olympic athletes—who watched horrified and up close. “Engaging if chilling...a broader look at Americans who had a ringside seat to Hitler's rise” (USA TODAY), *Hitlerland* offers a gripping narrative full of surprising twists—and a startlingly fresh perspective on this heavily dissected era.

A Sunless Sea - Anne Perry 2012

Monk discovers a shocking truth while investigating the murder of a high-end prostitute with ties to an opium-dispensing doctor's widow.

Muchacho: A Novel - Louanne Johnson 2009-09-08

An inspiring YA debut from the author of *Dangerous Minds*. Eddie Corazon is angry. He's also very smart. But he's working pretty hard at being a juvenile delinquent. He blows off school, even though he's a secret reader. He hangs with his cousins, who will always back him up—when they aren't in jail. Then along comes Lupe, who makes his blood race. She sees something in Eddie he doesn't even see in himself. A heart, and a mind, and something more: a poet. But in Eddie's world, it's a thin line between tragedy and glory. And what goes down is entirely in Eddie's hands. Gripping, thought-provoking, and hopeful, *Muchacho* is a rare and inspiring story about one teen's determination to fight his circumstances and shape his own destiny.

An Irish Country Courtship - Patrick Taylor 2010-09-28

Welcome to the colourful Ulster village of Ballybucklebo, where two doctors work hand in hand to mend the bodies and spirits of the town's diverse and engaging inhabitants. But who is looking after the wounded hearts of the doctors? After less than a year, young Barry Laverty, M.B., is settling in to the village, with only a few months to go before he becomes a full partner in the practice. He's looking forward to becoming a fixture in the community, until an unexpected romantic reversal gives him second thoughts. Will he truly be happy tending to routine coughs and colds for the rest of his career? After all, even when a more challenging case comes along, like a rare tropical disease, all he can do is pass it on to a qualified specialist or big-city hospital. As much as Barry enjoys the rough and tumble of life in County Down, is running a humble GP's shop all he wants out of life? Barry's mentor, Doctor Fingal Flahertie O'Reilly, is going through some personal upheavals as well. After mourning his deceased wife for decades, he's finally allowed a new woman into his life. But this budding courtship is not going over well with Kinky Kincaid, the doctors' redoubtable housekeeper, who fears having her position usurped by O'Reilly's new flame. Tact, diplomacy, and a fair amount of blarney may be required to restore peace to the household. Meanwhile, life goes on in Ballybucklebo, presenting both doctors with plenty of distractions from their own troubles. From a mysterious outbreak at the local school to a complicated swindle involving an unlucky racehorse, the two partners will need all of their combined wit and compassion to put things right again--just in time for their lives to change forever. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

The Accidental Prime Minister - Sanjaya Baru 2015-07-05

When *The Accidental Prime Minister* was published in 2014, it created a storm and became the publishing sensation of the year. The Prime Minister's Office called the book a work of 'fiction', the press hailed it as a revelatory account of Prime Minister Manmohan Singh's first term in UPA. Written by Singh's media adviser and trusted aide, the book describes Singh's often troubled relations with his ministers, his cautious equation with Sonia Gandhi and how he handled the big crises from managing the Left to pushing through the nuclear deal. Insightful, acute and packed with political anecdotes, *The Accidental Prime Minister* is one of the great insider accounts of Indian political life.

Going There - Katie Couric 2021-10-26

This heartbreaking, hilarious, and brutally honest memoir shares the deeply personal life story of a girl next door and her transformation into a household name. For more than forty years, Katie Couric has been an iconic presence in the media world. In her brutally honest, hilarious, heartbreaking memoir, she reveals what was going on behind the scenes of her sometimes tumultuous personal and professional life - a story she's never shared, until now. Of the medium she loves, the one that made her a household name, she says, “Television can put you in a box; the flat-screen can flatten. On TV, you are larger than life but smaller, too. It is not the whole story, and it is not the whole me. This book is.” Beginning in early childhood, Couric was inspired by her journalist father to pursue the career he loved but couldn't afford to stay in. Balancing her vivacious, outgoing personality with her desire to be taken seriously, she overcame every obstacle in her way: insecurity, an eating disorder, being typecast, sexism . . . challenges, and how she dealt with them, setting the tone for the rest of her career. Couric talks candidly about adjusting to sudden fame after her astonishing rise to co-anchor of the *TODAY* show, and guides us through the most momentous events and news stories of the era, to which she had a front-row seat: Rodney King, Anita Hill, Columbine, the death of Princess Diana, 9/11, the Iraq War . . . In every instance, she relentlessly pursued the facts, ruffling more than a few feathers along the way. She also recalls in vivid and sometimes lurid detail the intense pressure on female anchors to snag the latest “get”—often sensational tabloid stories like Jon Benet Ramsey, Tonya Harding, and OJ Simpson. Couric's position as one of the leading lights of her profession was shadowed by the shock and trauma of losing her husband to stage 4 colon cancer when he was just 42, leaving her a widow and single mom to two daughters, 6 and 2. The death of her sister Emily, just three years later, brought yet more trauma—and an unwavering commitment to cancer awareness and research, one of her proudest accomplishments. Couric is unsparing in the details of her historic move to the anchor chair at the *CBS Evening News*—a world rife with sexism and misogyny. Her “welcome” was even more hostile at 60 Minutes, an unrepentant boys club that engaged in outright hazing of even the most established women. In the wake of the MeToo movement, Couric shares her clear-eyed reckoning with gender inequality and

predatory behavior in the workplace, and downfall of Matt Lauer—a colleague she had trusted and respected for more than a decade. Couric also talks about the challenge of finding love again, with all the hilarity, false-starts, and drama that search entailed, before finding her midlife Mr. Right. Something she has never discussed publicly—why her second marriage almost didn't happen. If you thought you knew Katie Couric, think again. Going There is the fast-paced, emotional, riveting story of a thoroughly modern woman, whose journey took her from humble origins to superstardom. In these pages, you will find a friend, a confidante, a role model, a survivor whose lessons about life will enrich your own.

World War C - Sanjay Gupta 2022-09-27

CNN chief medical correspondent Sanjay Gupta, MD, offers an accessible, data-packed answer to our biggest questions about Covid-19: What have we learned about this pandemic and how can we prepare for—or prevent—the next one? As America's favorite frontline Covid-19 health journalist, Dr. Sanjay Gupta has barely left his primetime seat in his makeshift studio basement since the pandemic began (other than to perform brain surgery). He's had insider access to the drama's unfolding, including exclusive conversations with the world's top public health experts and behind-the-scenes scientists racing to find treatments and cures. And now he's sharing what he's learned in a book that will answer not only all our questions about what happened, but also about how our world will change in the years ahead, even once we're back to "normal." Gupta argues that we need to prepare for a new era where pandemics will be more frequent, and possibly even more deadly. As the doctor who's been holding America's hand through the crisis with compassion, clarity, and well-earned wisdom, he gives you the unvarnished story behind the pandemic, including insights about the novel virus's behavior, and offers practical tools to ready ourselves for what lies ahead. He answers critical questions: Can we stamp out the virus for good (and if not, how do we live with it)? Should we put our parents in a nursing home? Where should we live? What should we stockpile? What should we know before taking a trip? Does it make sense to spend more on health insurance to deal with any long-term effects? How do you decide when it's safe to go to a public pool or schedule elective surgery? What should Covid survivors know about protecting their future health? What if you become a long-hauler with chronic health challenges stemming? World War C will give you hope for the future along with real information that leaves you more resilient and secure.

Would I Lie to You? - Aliya Ali-Afzal 2022-02-22

In this "total page-turner," wife and mother Faiza is about to find what happens when you have your dream life and are about to lose it... but only if you're caught (Sarah Pearse, New York Times bestselling author of The Sanatorium). At the school gates, Faiza fits in. It took a few years, but now the snobbish white mothers who mistook her for the nanny treat her as one of their own. She's learned to crack their subtle codes, speak their language of fashion and vacations and haircuts. You'd never guess, seeing her at the trendy kids' parties and the leisurely coffee mornings, that her childhood was spent being bullied and being embarrassed of her poor Pakistani immigrant parents. When her husband Tom loses his job in finance, he stays calm. Something will come along, and in the meantime, they can live off their savings. But Faiza starts to unravel. Creating the perfect life and raising the perfect family comes at a cost - and the money Tom put aside has gone. Faiza will have to tell him she spent it all. Unless she doesn't... It only takes a second to lie to Tom. Now Faiza has mere weeks to find \$100,000. If anyone can do it, Faiza can. She's had to fight for what she has, and she'll fight to keep it. But as the clock ticks down and Faiza desperately tries to put things right, she has to ask herself: how much more should she sacrifice to live someone else's idea of the dream life?

Perceiving Purpose - Sanjay Gupta 2017-01-17

Cheating Death - Sanjay Gupta 2009-10-12

An unborn baby with a fatal heart defect . . . a skier submerged for an hour in a frozen Norwegian lake . . . a comatose brain surgery patient whom doctors have declared a "vegetable." Twenty years ago all of them would have been given up for dead, with no realistic hope for survival. But today, thanks to incredible new medical advances, each of these individuals is alive and well . . . Cheating Death. In this riveting book, Dr. Sanjay Gupta-neurosurgeon, chief medical correspondent for CNN, and bestselling author-chronicles the almost unbelievable science that has made these seemingly miraculous recoveries possible. A bold new

breed of doctors has achieved amazing rescues by refusing to accept that any life is irretrievably lost. Extended cardiac arrest, "brain death," not breathing for over an hour—all these conditions used to be considered inevitably fatal, but they no longer are. Today, revolutionary advances are blurring the traditional line between life and death in fascinating ways. Drawing on real-life stories and using his unprecedented access to the latest medical research, Dr. Gupta dramatically presents exciting accounts of how pioneering physicians and researchers are altering our understanding of how the human body functions when it comes to survival—and why more and more patients who once would have died are now alive. From experiments with therapeutic hypothermia to save comatose stroke or heart attack victims to lifesaving operations in utero to the study of animal hibernation to help wounded soldiers on far-off battlefields, these remarkable case histories transform and enrich all our assumptions about the true nature of death and life.

In Shock - Rana Awdish 2017-10-24

A riveting first-hand account of a physician who's suddenly a dying patient, In Shock "searches for a glimmer of hope in life's darkest moments, and finds it." —The Washington Post Dr. Rana Awdish never imagined that an emergency trip to the hospital would result in hemorrhaging nearly all of her blood volume and losing her unborn first child. But after her first visit, Dr. Awdish spent months fighting for her life, enduring consecutive major surgeries and experiencing multiple overlapping organ failures. At each step of the recovery process, Awdish was faced with something even more unexpected: repeated cavalier behavior from her fellow physicians—indifference following human loss, disregard for anguish and suffering, and an exacting emotional distance. Hauntingly perceptive and beautifully written, In Shock allows the reader to transform alongside Awdish and watch what she discovers in our carefully-cultivated, yet often misguided, standard of care. Awdish comes to understand the fatal flaws in her profession and in her own past actions as a physician while achieving, through unflinching presence, a crystalline vision of a new and better possibility for us all. As Dr. Awdish finds herself up against the same self-protective partitions she was trained to construct as a medical student and physician, she artfully illuminates the dysfunction of disconnection. Shatteringly personal, and yet wholly universal, she offers a brave road map for anyone navigating illness while presenting physicians with a new paradigm and rationale for embracing the emotional bond between doctor and patient.

Medical Ethics Education: An Interdisciplinary and Social Theoretical Perspective - Nathan Emmerich 2013-07-01

There is a diversity of 'ethical practices' within medicine as an institutionalised profession as well as a need for ethical specialists both in practice as well as in institutionalised roles. This Brief offers a social perspective on medical ethics education. It discusses a range of concepts relevant to educational theory and thus provides a basic illumination of the subject. Recent research in the sociology of medical education and the social theory of Pierre Bourdieu are covered. In the end, the themes of Bourdieuan Social Theory, socio-cultural apprenticeships and the 'characterological turn' in medical education are drawn together in the context of medical ethics education.

Cells Are the New Cure - Robin L. Smith 2017-10-24

The future of medicine is happening now. Revolutionary new science is providing cures that were considered science fiction just a few years ago—and not with pills, surgery, or radiation, but with human cells. Promising treatments now in extensive clinical trials could have dramatic impacts on cancer, autoimmune diseases, organ replacement, heart disease, and even aging itself. The key to these breakthroughs is the use of living cells as medicine instead of traditional drugs. Discover the advances that are alleviating the effects of strokes, Alzheimer's disease, and even allergies. Cells Are the New Cure takes you into the world of regenerative medicine, which enables doctors to repair injured and aging tissues and even create artificial body parts and organs in the lab. Cellular medicine experts Robin L. Smith, MD, and Max Gomez, PhD, outline the new technologies that make it possible to harness the immune system to fight cancer and reverse autoimmune diseases like multiple sclerosis, type 1 diabetes, and rheumatoid arthritis. CRISPR, a new technology for targeted gene editing, promises to eradicate genetic diseases, allowing us to live longer lives—possibly even beyond age 100 in good health. Cells Are the New Cure takes you on a tour of the most exciting and cutting-edge developments in medicine. The content inside these pages could save

your life or the life of someone you love.

Had I Known - Joan Lunden 2015-09-22

In this brave and deeply personal memoir, one of America's most beloved journalists, mother, and New York Times bestselling author speaks candidly about her battle against breast cancer, her quest to learn about it and teach others, and the transformative effect it's had on her life. When former Good Morning America host Joan Lunden was diagnosed with breast cancer, she set out to learn everything about it to help her survive. With seven children counting on her, giving up was not an option. After announcing her diagnosis on Good Morning America, people all over the country rallied around Joan as she went into Warrior mode. Within a few months, after losing her hair, Joan appeared on the cover of People magazine bald, showing the world she could, and would, beat the disease. Determined to remain upbeat—to look in the mirror with a brave face—her resolve empowered women everywhere. The Today show quickly recruited Joan as a special correspondent and continues to follow her progress. A deeply personal and powerful story of pain, persistence, and perseverance, *Had I Known* is a chronicle of Joan's experience and the plan she formulated and followed to battle with her disease and treatment. As Joan reveals, while her journey was not easy, it profoundly changed her in unexpected ways. Her odyssey helped Joan redefine herself, her values, and most of all, her health. Following a new clean way of eating, Joan lost thirty pounds, became more aware of the food she was eating, and avoided many of the debilitating side effects of chemotherapy. Dealing with the cancer also changed her perception of true beauty. Being attractive isn't about the hair on your head—it's about the strength and character you bring to everything you do. Positive

yet down-to-earth, told with piercing honesty leavened with warmth and humor, *Had I Known* offers unforgettable, inspirational lessons for us all.

Those We Love Most - Lee Woodruff 2012-09-11

A bright June day. A split-second distraction. A family forever changed. Life is good for Maura Corrigan. Married to her college sweetheart, Pete, raising three young kids with her parents nearby in her peaceful Chicago suburb, her world is secure. Then one day, in a single turn of fate, that entire world comes crashing down and everything that she thought she knew changes. Maura must learn to move forward with the weight of grief and the crushing guilt of an unforgivable secret. Pete senses a gap growing between him and his wife but finds it easier to escape to the bar with his friends than face the flaws in his marriage. Meanwhile, Maura's parents are dealing with the fault lines in their own marriage. Charismatic Roger, who at sixty-five, is still chasing the next business deal and Margaret, a pragmatic and proud homemaker, have been married for four decades, seemingly happily. But the truth is more complicated. Like Maura, Roger has secrets of his own and when his deceptions and weaknesses are exposed, Margaret's love and loyalty face the ultimate test. *Those We Love Most* chronicles how these unforgettable characters confront their choices, examine their mistakes, fight for their most valuable relationships, and ultimately find their way back to each other. It takes us deep into the heart of what makes families and marriages tick and explores a fundamental question: when the ties that bind us to those we love are strained or broken, how do we pick up the pieces? Deeply penetrating and brimming with emotional insight, this engrossing family drama heralds the arrival of a major new voice in contemporary fiction.