

Sufi Path Of Love The Spiritual Teachings Rumi

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Teachings of Sufism - Zachary Smith Professor Department of Religious Studies Carl W Ernst 1999-11-23

Includes a chapter on the character of the prophet Muhammad, and one on lives of the saints, including women saints.

Masters of Wisdom of Central Asia - Hasan Lutfi Shushud 2014-08-22

Reveals the secret teachings of the Khwajagan, the Masters of Wisdom of Turkish Sufism • Provides biographies for the entire lineage of teachers in the Naqshbandi order, such as Yusuf Hamdani, the first recognized Khwajagan, and Baha' al-Din Naqshband, from whom the Naqshbandi order of Sufis took its name • Shows that this spiritual path focuses on expanding awareness of the heart to reach God-consciousness • An essential guide for understanding Itlak Yolu, the Sufi path of Absolute Liberation, and fana', Annihilation in God Almost one thousand years ago a new and powerful nexus of spiritual transmission emerged in Central Asia and lasted for five centuries, reaching its culmination in the work of the Khwajagan, or "Masters of Wisdom." Like the much earlier Rishi Pantha of India, these masters of Turkish Sufism were not renunciates but advocated maintaining an active connection with the world, including raising a family or running a business. They exerted a remarkable influence on the destiny of Central Asia, yet their chief significance lies in their almost unparalleled depth of spiritual perfection. Based on primary Persian and Turkish sources, the same texts used by the Sufi authority Idries Shah in his many books, *Masters of Wisdom of Central Asia* explores the entire lineage of teachers from this golden age of Islamic Sufism. Author Hasan Shushud provides brief biographies of each teacher, such as Yusuf Hamdani, the first recognized Khwajagan; Ahmad al-Yasavi, the father of Turkish Sufism; and Baha' al-Din Naqshband, from whom the Naqshbandi order of Sufis took its name. He examines their spiritual journeys, their writings and teachings, and their most famous sayings, incorporating occasional parables to illustrate their wisdom. Shushud reveals how this spiritual path focuses on expanding awareness of the heart and how heart awareness is a prerequisite for divine contemplation and God-consciousness, for the heart is the manuscript within the body on which the infinite mysteries of the Godhead are recorded. An essential guide for understanding Itlak Yolu, the Sufi path of Absolute Liberation, and fana' fi-llah, Annihilation in God, this book is an indispensable work for anyone interested in Sufism or the spiritual history of Central Asia.

Sufism - Jean-Louis Michon 2006

For hundreds of years, the inner spiritual core of Islam has been the focus of Sufi thinkers. These essays allow the reader to understand the wisdom and history of Sufism.

Women of Sufism - Camille Adams Helminski 2003-02-25

The luminous presence of women who follow the Sufi Way—the mystical path of Islam—is brought to life here through their sacred songs and poetry, their dreams and visions, and stories of their efforts as they witness the Truth in many realms. These writings reflect the honor and respect for the feminine in the Sufi worldview, and they are shared in the spirit of inspiration and hope for the flourishing contributions of women to the spiritual development of humanity. Spanning the centuries, from the time of the Prophet Muhammad to the present day, the selections are by or about an array of Sufi traditions in different parts of the world, from Asia, Africa, and the Middle East to Europe and America—from beloved members of the Prophet's family to the mystic Rabi'a al-Adawiyya to the modern scholar Annemarie Schimmel. Biographical anecdotes and personal memoirs provide a glimpse into the experience of great saints and contemporary practitioners alike, while providing an introduction to the principles and practices of Sufism.

The Sufi Doctrine of Rumi - William C. Chittick 2005

There are almost no authoratative books readily available for the general reader that provide, in clear and accessible language, an introduction to the spiritual perspective illuminating Rumi's magical poetry. In this

beautifully illustrated work, William C. Chittick, a leading scholar of Sufism and Rumi, opens doors that give us access to the inner sanctum of Rumi's thought.

In Search of the Lost Heart - William C. Chittick 2012-02-15

Renowned scholar William C. Chittick explores the worldview of Islam in a series of essays written over thirty-six years.

Sufi Talks - Robert Frager 2012-06-26

A professor of psychology and religious studies who became a sheikh in 1985 describes the teachings of the Sufi master Muzaffer Efendi and shares the universal wisdom and lessons for enhancing one's interpersonal relationships through connecting with God. Original.

The Book of Rumi - Rumi 2018

Philip Pullman, author of 'His Dark Materials' trilogy, has remarked that "after nourishment, shelter, and companionship, stories are the thing we need most in the world." This new collection of Rumi stories fills that need. This fresh prose translation of 105 short teaching stories by Rumi, which form the core of the six-volume *Masnavi*, explores the hidden spiritual aspects of everyday experience. Rumi transforms the seemingly mundane events of daily life into profound Sufi teaching moments. These prose gems open the mystical portal to the world of the ancient mystic. These stories include well-known and popular tales such as "Angel of Death," "The Sufi and His Cheating Wife," "Moses and the Shepherd," "Chickpeas," and "The Greek and Chinese Painters" as well as the less commonly quoted parables: "The Basket Weaver," "The Mud Eater," and "A Sackful of Pebbles." Rumi's voice alternates between playful and authoritative, whether he is telling stories of ordinary lives or inviting the discerning reader to higher levels of introspection and attainment of transcendent values. Mafi's translations delicately reflect the nuances of Rumi's poetry while retaining the positive tone of all of Rumi's writings, as well as the sense of suspense and drama that mark the essence of the *Masnavi*.

In the House of Remembering - Kabir Helminski 2020-09-29

Transcriptions of talks from within a private circle of spiritual practitioners, exploring subjects such as developing intention, will, awareness, awakening our capacities for love, and reducing the domination of ego.

The Self-Disclosure of God - William C. Chittick 2015-03-26

Explicates the cosmology of Ibn al-'Arabi, the greatest mystical thinker of Islamic civilization. *The Self-Disclosure of God* offers the most detailed presentation to date in any Western language of the basic teachings of Islam's greatest mystical philosopher and theologian. It represents a major step forward in making available to the Western reading public the enormous riches of Islamic teachings in the fields of cosmology, mystical philosophy, theology, and spirituality. *The Self-Disclosure of God* continues the author's investigations of the world view of Ibn al-Arabi, the greatest theoretician of Sufism and the "seal of the Muhammadan saints." The book is divided into three parts, dealing with the relation between God and the cosmos, the structure of the cosmos, and the nature of the human soul. A long introduction orients the reader and discusses a few of the difficulties faced by Ibn al-Arabi's interpreters. Like Chittick's earlier work, *The Sufi Path of Knowledge*, this book is based primarily on Ibn al-Arabi's monumental work, *al-Futuhat al-makkiyya* "The Meccan Openings." More than one hundred complete chapters and subsections are translated, not to mention shorter passages that help put the longer discussions in context. There are detailed indices of sources, Koranic verses and hadiths. The book's index of technical terminology will be an indispensable reference for all those wishing to delve more deeply into the use of language in Islamic thought in general and Sufism in particular. William C. Chittick is Professor of Comparative Studies at State University of New York, Stony Brook. He has published numerous books, among them, *Imaginal Worlds: Ibn al-Arabi and the Problem of Religious Diversity*; *Faith and Practice of Islam: Three*

Thirteenth-Century Sufi Texts; The Sufi Path of Knowledge: Ibn al-Arabi's Metaphysics of Imagination; The Sufi Path of Love: The Spiritual Teachings of Rumi; and A Shi'ite Anthology, all published by SUNY Press.

Mystics - William Harmless 2008

In *Mystics*, William Harmless, S.J., introduces readers to the scholarly study of mysticism. He explores both mystics' extraordinary lives and their no-less-extraordinary writings using a unique case-study method centered on detailed examinations of six major Christian mystics: Thomas Merton, Bernard of Clairvaux, Hildegard of Bingen, Bonaventure, Meister Eckhart, and Evagrius Ponticus. Rather than presenting mysticism as a subtle web of psychological or theological abstractions, Harmless's case-study approach brings things down to earth, restoring mystics to their historical context.

The Sufi Book of Life - Neil Douglas-Klotz 2005-02-22

Part meditation book, part oracle, and part collection of Sufi lore, poetry, and stories, *The Sufi Book of Life* offers a fresh interpretation of the fundamental spiritual practice found in all ancient and modern Sufi schools—the meditations on the 99 Qualities of Unity. Unlike most books on Sufism, which are primarily collections of translated Sufi texts, this accessible guide is a handbook that explains how to apply Sufi principles to modern life. With inspirational commentary that connects each quality with contemporary concerns such as love, work, and success, as well as timeless wisdom from Sufi masters, both ancient and modern, such as Rumi, Hafiz, Shabistari, Rabia, Inayat Khan, Indries Shah, Irina Tweedie, Bawa Muhaiyadden, and more, *The Sufi Book of Life* is a dervish guide to life and love for the twenty-first century. On the web:

<http://sufibookoflife.com>

Sufism - William C. Chittick 2007-10-01

What is mysticism? What does sufism mean today? William C. Chittick, the leading scholar in the field, offers a compelling insight into the origins, context, and key themes of this fascinating movement. After a general overview of the tradition, he draws upon the words of some of the greatest Sufi writers - among them Ibn Arabi, Baha Walad and Rumi himself - to give a fresh and revealing perspective on the teachings and beliefs of Sufism and its proponents. Fresh and authoritative, this sympathetic book will be appreciated by anyone interested in Sufism, from complete beginners to students, scholars and experts alike.

Practical Sufism - Phillip Gowins 2012-12-19

This wise, funny, and compassionate book follows Gowins apprenticeship with Pir Vilayat Inayat Khan, spiritual leader of the Sufi Order International. Until now, Pir Vilayat's order has not had a strong, accessible introduction. This book not only provides that service but is more down-to-earth than most books on Sufism. It also has the advantage of being universalistic. "The Sufi Way is not a religion or a component of a religion but the heart of all religions and spiritualities," Gowins says. Because it is non-dogmatic and offers no catechisms or creeds, its teachers are essential. Gowins emerges as a superb teacher, offering a user-friendly guide to the Sufi Way that is at once valuable to any seeker entering any spiritual path. Gowins is quick to emphasize that Sufism is not the only path or even the right path for everyone. His approach is full of engaging stories and specific practices that could be helpful in many circumstances. Readers will benefit from his gentle Sufi teachings of love, tolerance, unity, and consciousness, no matter what their chosen path.

Faith and Practice of Islam - William C. Chittick 1992-10-22

Love Is The Wine - Muzaffer Ozak 2013-10-17

Love is the Wine presents an intoxicating mix of essays to satisfy the spiritual thirst of those with long experience in Islam, as well as those encountering Sufism and the meaning of spiritual love for the first time. Themes including generosity, faith, self-knowledge, patience, and love are developed with stories and teachings by Turkish Sufi master Sheikh Muzaffer Ozak. A mesmerizing storyteller, master teacher, and prolific author in his native country, he was ideally suited to bring the richness of the Sufi tradition to the West. The chapters of this book, skillfully edited and compiled by the psychologist and Sufi teacher Dr. Robert Frager, were derived from talks given during Sheikh Muzaffer's visits to New York and California over the last years of his life. Sheikh Muzaffer Ozak understood Westerners as almost no Sufi master before him has. His religious bookshop in Istanbul attracted hundreds of Western seekers visiting Turkey. In his travels, he initiated hundreds of Americans and Europeans into the Halveti Jerrahi Order, interpreted their dreams, and answered their questions about everything from theology and mysticism to marriage and earning a living. These stories

and teachings are memorable, yet highly enigmatic, and meant to be told and retold. Like great spiritual parables, the themes are universal and their applications ageless. The astute reader will appreciate new levels of meaning in these profound teaching tales with each reading. Love is the Wine is a treasury filled with priceless items of Sufi wisdom.

Living Presence (Revised) - Kabir Edmund Helminski 2017-05-30

A revised 25th anniversary edition of the classic work on Sufism that Jack Kornfield called, "A heartfelt modern illumination of the Sufi path, filled with the fragrance of the ancients." In Sufism, the mystical branch of Islam, presence is the quality that describes a heart-filled state of mindfulness, an experience of being conscious in the present moment. It is only in this present moment, Sufi teachings reveal, that we can connect with the Divine, and the Divine can live through us. Kabir Helminski is one of the world's most recognized teachers of Sufism. Named one of the "500 Most Influential Muslims" in the world by Georgetown University and the Royal Strategic Studies Center, Helminski and his teachings are touchstones for the growth in interest in Sufism, and his books have been translated around the world. In *Living Presence*, Helminski lays out the basic principles of Sufism, and how these ideas can lead to the experience of presence. In this inspiring work, readers will learn how to cultivate presence in their lives through: * Finding a balance between the outer stimuli of the world and our inner reactions to them * Harnessing faithfulness and gracefulness * Learning about the parallels between ancient spiritual wisdom and modern psychological knowledge * Meditation and contemplation to discover more meaning in daily life With unique clarity, this book describes how presence can be developed to vastly improve our lives. Drawing on the work of the beloved Sufi poet, Rumi, as well as traditional material and personal experience, this book integrates the ancient wisdom of Sufism with the needs of contemporary life. Completely revised and updated for its 25th anniversary, this edition of *Living Presence* offers a wisdom that is both universal and practical.

Travelling the Path of Love - Llewellyn Vaughan-Lee 1995-01-01

Sufism is a path of love. With the passion and depth of feeling that belong to lovers, Sufi masters through the centuries have described the soul's journey towards union with God. This collection of sayings, dating from the ninth century to the present day, follows the stages of this journey, allowing the masters to beckon us along this ancient path. Speaking with the experience of those who have tasted the mysteries of divine love, their words reach beyond the mind and into the heart. *Travelling the Path of Love* is offered as an inspiration to all those who are drawn to follow love's call.

The Chasm of Fire - Irina Tweedie 1988

One of the true classics of women's spirituality. Distraught by the untimely death of her husband, Irina Tweedie awakened to a religious and spiritual quest which took her to India, where she found a Sufi teacher who was to revolutionize her life. This book was written from the diary she kept while under his tutelage.

[The Principles of Sufism](#) - 'A'ishah al-Ba'uniyyah 2016-03-15

'A'ishah al-Ba'uniyyah of Damascus was one of the great women scholars in Islamic history. Born into a prominent family of pious scholars and Sufi devotees, 'A'ishah received a thorough religious education and memorized the Quran at age eight. A mystic and a prolific poet and writer, she composed more works in Arabic than any other woman before the 20th century. Yet despite her extraordinary literary and religious achievements, 'A'ishah al-Ba'uniyyah remains largely unknown. For the first time, her key work, *The Principles of Sufism*, is available in English translation. *The Principles of Sufism* is a mystical guide book to help others on their spiritual path. Outlining the four principles of Repentance, Sincerity, Remembrance, and Love, it traces the fundamental stages and states of the spiritual novice's transformative journey, emphasizing the importance of embracing both human limitations and God's limitless love. Drawing on lessons and readings from centuries-old Sufi tradition, 'A'ishah advises the seeker to repent of selfishness and turn to a sincere life of love. In addition to his lucid translation, Th. Emil Homerin provides an insightful introduction, notes and a glossary to 'A'ishah al-Ba'uniyyah's remarkable account of the pursuit of mystical illumination.

[A Prayer for Spiritual Elevation and Protection](#) - Muhyiddin Ibn 'Arabi 2007-06-01

Widely used for centuries in Sufi circles, the prayer known as "The Most Elevated Cycle" (al-Dawr al-a'la) or "The Prayer of Protection" (Hizb al-wiqaya), written by the great Sufi master Muhyiddin Ibn 'Arabi, has never before been available in English. This book provides a lucid English translation and an edited Arabic text of this beautiful and

powerful prayer. It includes a transliteration for those unable to read Arabic, who wish to recite the prayer in the original language. Showing the importance of Ibn 'Arabi's devotional teaching, the book explores the prayer's contemporary life, properties and historical transmission. It gives full details of generations of well-known scholars and Sufi masters who have transmitted the prayer, providing an intimate and fascinating insight into Islamic history.

Teachings of Rumi - Andrew Harvey 1999-07-06

Jelalludin Rumi (1207-1273) led the quiet life of an Islamic teacher in the central Anatolia (modern Turkey) until the age of thirty-seven, when he met a wandering dervish named Shams Tabriz—through whom he encountered the Divine Presence in a way that utterly transformed him. The result of this epiphany was the greatest body of mystical poetry the world has ever seen, and the establishment of a spiritual movement that would eventually stretch from Africa to China, enduring to our own day. This collection of versions of Rumi by Andrew Harvey contains some of the master's most luminous verse, along with selections from his lesser-read prose works, with the aim of presenting a balanced view of his teaching that includes both the high-flying love of God and the rigorous path of discipline essential for those who seek it.

Rumi And His Sufi Path Of Love - Faith Citlak 2007-05-01

This collection of articles by artists, philosophers, psychologists, and social scientists explores the Sufi tradition and its best-known teacher, Rumi, a 13th-century poet, jurist, and philosopher. Setting aside the standard account of Rumi as a poet of mystic love, these contributors view his writings in a historical context, investigating Sufism's ties to Islam and the teachings of the Prophet Muhammad and tracing Rumi's influence on Persian and Turkish literature. The reasons why Sufism has transcended national boundaries and sectarian strife so successfully are also debated, and several contributors recommend the Sufi message of faith, love, and tolerance as a useful common ground for dialogue between religious groups.

Imaginal Worlds - William C. Chittick 1994-10-06

In this book Chittick explains Ibn al-Arabi's concept of human perfection, his World of Imagination, and his teachings on why God's wisdom demands diversity of religious expression. He then suggests how these teachings can be employed to conceptualize the study of world religions in a contemporary context. Ibn al-Arabi, known as the "Greatest Master," is the most influential Muslim thinker of the past 600 years. This book is an introduction to his thought concerning the ultimate destiny of human beings, God and the cosmos, and the reasons for religious diversity. It summarizes many of Ibn al-Arabi's teachings in a simple manner. The ideas discussed are explained in detail. The book is divided into three parts. In the first part Chittick explains Ibn al-Arabi's concept of human perfection; in the second part he looks at various implications of the World of Imagination; and in the third part he exposes Ibn al-Arabi's teachings on why God's wisdom demands diversity of religious expression, and he suggests how these teachings can be employed to conceptualize the study of world religions in a contemporary context. William C. Chittick is Associate Professor at the State University of New York at Stony Brook. He is the author of *Faith and Practice of Islam*; *A Shi'ite Anthology*; *The Sufi Path of Knowledge: Ibn al-Arabi's Metaphysics of Imagination*; and *The Sufi Path of Love: The Spiritual Teachings of Rumi*; all published by SUNY Press.

Ahmad al-Ghazali, Remembrance, and the Metaphysics of Love - Joseph E. B. Lumbard 2016-10-20

Discusses the work of a central, but poorly understood, figure in the development of Persian Sufism, Ahmad al-Ghazali. The teachings of Ahmad al-Ghazali changed the course of Persian Sufism forever, paving the way for luminaries such as Rumi, Suhrawardi, and Ibn Arabi. Yet he remains a poorly understood thinker, with many treatises incorrectly attributed to him and conflicting accounts in the historiographical literature. This work provides the first examination of Ahmad al-Ghazali and his work in Western scholarly literature. Joseph E. B. Lumbard seeks to ascertain the authenticity of works attributed to this author, trace the development of the dominant trends in the biographical literature, and reconstruct the life and times of Ahmad al-Ghazali with particular attention to his relationship with his more famous brother, Abi Hamid al-Ghazali. Lumbard's findings revolutionize our understanding of Ahmad al-Ghazali's writings, allowing for focus on his central teachings regarding Divine Love and the remembrance of God.

Divine Love in Islamic Mysticism - Binyamin Abrahamov 2013-10-28

The two theories of divine love that are examined in this book have their foundations in Greek, Jewish, Christian and Muslim ideas. Al-Ghazali (twelfth century) was influenced mainly by Plato and Ibn Sina's

teachings, while al-Dabbagh (thirteenth century), who accepted some Ghazalian notions, developed a theory of divine love that can be traced back to Neoplatonism. Both scholars created complete theories of divine love that include definitions of love, its causes and signs, the ways to love God, God's love for man, and kinds of love. The book will interest students of theology, philosophy and mysticism in general, and students of Islam in particular.

The Sufi Path of Love - Jalal al-Din Rumi (Maulana) 2000

The Bond with the Beloved - Llewellyn Vaughan-Lee 1992-10-19

As in other mystic traditions, Sufism sees the relationship between the seeker and God as that of lover and beloved. This wise, beautiful book, written by the spiritual successor to Irine Tweedie (Daughter of Fire), describes the inner journey that takes the lover back to the God he refers to as "the beloved".

The Sufi Path of Annihilation - Nevit O. Ergin 2014-04-04

An exploration of the profound Sufi practice of Itlak Yolu • Examines the three main facets of this practice: zikr or breathing exercises, fasting, and mental suffering • Shares new Sufi parables, the sayings of Sufi master Hasan Lutfi Shushud, and Rumi's philosophy on annihilation of the Self • Reveals how once the Self is annihilated higher levels of perception are reached In this exploration of the profound spiritual practice of Itlak Yolu, the Sufi path of annihilation, Nevit Ergin examines the three main facets of this path: zikr or breathing exercises, fasting, and mental suffering. Sharing experiences and discussions with Hasan Lutfi Shushud, renowned Sufi saint and final guide of Gurdjieff's disciple J. G. Bennett, the author illustrates how suffering—"the searing fire of contrition"—is the most effective instrument of spiritual progress, for it is suffering that burns the Self. He explains how faithful practice of zikr and fasting will bring on this kind of suffering when the student is ready and will make the suffering tolerable. He shows how once the Self is annihilated higher levels of perception take hold and one finds oneself on the path to sainthood and immortality. Interwoven throughout with sayings by Shushud, Sufi parables, and poems by Rumi, Ergin shares the unique Itlak perspective on the major questions of every seeker: the true nature of love and religion, life and death, and other major spiritual questions. The book also includes an essay on annihilation and absence in Rumi's philosophy and biographical portraits of Hasan Lufti Shushud by other aspirants who met with him.

The Sufi Path of Knowledge - William C. Chittick 1989-06-01

Ibn al-Arabi is still known as "the Great Sheik" among the surviving Sufi orders. Born in Muslim Spain, he has become famous in the West as the greatest mystical thinker of Islamic civilization. He was a great philosopher, theologian, and poet. William Chittick takes a major step toward exposing the breadth and depth of Ibn al-Arabi's vision. The book offers his view of spiritual perfection and explains his theology, ontology, epistemology, hermeneutics, and soteriology. The clear language, unencumbered by methodological jargon, makes it accessible to those familiar with other spiritual traditions, while its scholarly precision will appeal to specialists. Beginning with a survey of Ibn al-Arabi's major teachings, the book gradually introduces the most important facets of his thought, devoting attention to definitions of his basic terminology. His teachings are illustrated with many translated passages introducing readers to fascinating byways of spiritual life that would not ordinarily be encountered in an account of a thinker's ideas. Ibn al-Arabi is allowed to describe in detail the visionary world from which his knowledge derives and to express his teachings in his own words. More than 600 passages from his major work, *al-Futuhat al-Makkivva*, are translated here, practically for the first time. These alone provide twice the text of the *Fusus al-hikam*. The exhaustive indexes make the work an invaluable reference tool for research in Sufism and Islamic thought in general.

The Throne Carrier of God - Jamal J. Elias 1995-01-01

This book constitutes a comprehensive investigation of the life and teachings of one of the most famous Sufis of the Iranian world. Simnani spent his early life as a courtier at the Ilkhanid Mongol court and was a cherished companion of the emperor Arghun. After a mystical experience on the battlefield, he turned his back on a life of luxury and became a Sufi. He advanced rapidly in his spiritual quest and soon became one of the most influential Sufi masters in Iran. Working primarily from the most reliable Arabic and Persian manuscripts of Simnani's writings, the author has analyzed Simnani's thinking to show the overall coherence of his world-view and to demonstrate the importance of his ideas to the development of Islamic mysticism. Along with this analysis, the author provides a detailed account of Simnani's life and times, as well as a systematic description of Simnani's instructions for Sufi practitioners of all

levels.

Tales from the Land of the Sufis - Mojdeh Bayat 2001-10-16

Take a magic carpet ride into the delightful world of Sufi storytelling with these best-loved tales from Persian literature and lore, in which images of madness, passionate love, and self-sacrifice convey the inner experiences of the soul that has surrendered to the Divine Beloved. The tales are retold from the celebrated works of Sufi poets and spiritual masters such as Rumi, Attar, Nizami, and Jami, as well as anecdotes about these famous masters.

The Knowing Heart - Kabir Helminski 2000-10-24

As human beings we stand on the threshold between two realities: the world of material existence and the world of spiritual Being. The "knowing heart" is the sacred place where these two dimensions meet and are integrated. In Sufi teaching the human heart is not a fanciful metaphor but an objective organ of intuition and perception. It is able to perceive all that is beautiful, lovely, and meaningful in life—and to reflect these spiritual qualities in the world, for the benefit of others. Every human heart has the capacity and the destiny to bring that world of divine reality into this world of appearances. The Sufis, mystics of Islam, have been educators of the heart for some fourteen centuries. Their teachings and methods are designed to help us awaken and purify the heart, to learn to listen to our deepest knowing. In *The Knowing Heart*, Kabir Helminski presents the Sufi way as a practical spirituality suitable for all cultures and times—and offers insights that are especially valuable for our life in today's world. In cultivating a knowing heart, we learn to experience a new sense of self, transform our relationships, and enhance our creative capacities. Most important, we learn how to meet the spiritual challenge of our time: to realize our sacred humanness.

Sufi Essays - Seyyed Hossein Nasr 1972-01-01

This book combines scholarly research into certain aspect of Sufi doctrines and history with a penetrating account of the spiritual and metaphysical message and significance of Sufism as a living spiritual tradition. In an original discussion, unlike anything that has appeared before in studies of Sufism, the author places special accent on the pertinence of Sufi teachings to the most acute contemporary problems. The book addresses itself to both the ever-increasing Western public interested in Sufism and to the Western-educated Muslim interested in his own spiritual heritage. Dr. Nasr draws on his intimate knowledge of the Sufi literature in Arabic and Persian as well as his first-hand knowledge of Sufi tradition itself to produce this further volume in his numerous studies on the different facets of Islam.

Radical Love - Omid Safi 2018-01-01

This stunning collection showcases the love poetry and mystical teachings at the heart of the Islamic tradition in accurate and poetic original translations. At a time when the association of Islam with violence dominates headlines, this beautiful collection offers us a chance to see a radically different face of the Islamic tradition. It traces a soaring, poetic, popular tradition that celebrates love for both humanity and the Divine as the ultimate path leading humanity back to God. Safi brings together for the first time the passages of the Qur'an sought by the Muslim sages, the mystical sayings of the Prophet, and the teachings of the path of "Divine love." Accurately and sensitively translated by leading scholar of Islam Omid Safi, the writings of Jalal al-Din Rumi can now be read alongside passages by Kharaqani, 'Attar, Hafez of Shiraz, Abu Sa'id-e Abi 'l-Khayr, and other key Muslim mystics. For the millions of readers whose lives have been touched by Rumi's poetry, here is a chance to see the Arabic and Persian traditions that produced him.

[Love is a Fire](#) - Llewellyn Vaughan-Lee 2001-07-15

Based on live talks and meetings with Llewellyn Vaughan-Lee, this is an introduction to the passion and wisdom of the Sufi path of love. The call of the heart and how it draws us back to divine union is one of mankind's greatest secrets, and for the Sufi, this love is a fire that burns away all traces of separation. Vaughan-Lee teaches how to live this burning and describes stages of the path of love on the soul's journey home. *Love Is a Fire* includes descriptions of the "friends of God," early Sufi saints who burned with the fire of divine love, including Rumi, Ibn 'Arabi, and Rabi'a. It also introduces elements of the path and important tools that purify the wayfarer: tauba, the moment of the turning of the heart when

the soul remembers its divine origin; dhikr, the central Sufi practice of remembrance of God through repetition of the name of God or a sacred phrase; meditation, a way of drowning thoughts in the fire of love; and dreamwork, a way of listening and attuning to the mystery of what is hidden within us—the stories of our deeper selves. This book is also available as an audio recording, *Love is a Fire and I am Wood*, published by Sounds True. "... forged in the fire of the heart, this is a book for all those who are looking for the direct way to connection with the Eternal Now. Simply to read this fine expression of a lifetime's longing is to feel aligned with the Divine Ground." —Anne Baring, coauthor, *The Divine Feminine* "... a gift to all seekers, whatever path they are on." —Andrew Harvey, author, *Light Upon Light: A Celebration of Rumi*

The Sufi Path of Love - William C. Chittick 1984-06-30

This is the most accessible work in English on the greatest mystical poet of Islam, providing a survey of the basic Sufi and Islamic doctrines concerning God and the world, the role of man in the cosmos, the need for religion, man's ultimate becoming, the states and stations of the mystical ascent to God, and the means whereby literature employs symbols to express "unseen" realities. William Chittick translates into English for the first time certain aspects of Rumi's work. He selects and rearranges Rumi's poetry and prose in order to leave aside unnecessary complications characteristic of other English translations and to present Rumi's ideas in an orderly fashion, yet in his own words. Thorough, nontechnical introductions to each chapter, and selections that gradually present a greater variety of terms and images, make this work easily accessible to those interested in the spirituality of any tradition.

Divine Love - William C Chittick 2013-07-16

The very heart of the Islamic tradition is love; no other word adequately captures the quest for transformation that lies at this tradition's center. So argues esteemed professor of medieval Islam William C. Chittick in this survey of the extensive Arabic and Persian literature on topics ranging from the Qur'an up through the twelfth century. Bringing to light extensive foundational Persian sources never before presented, Chittick draws on more than a thousand pages of newly translated material to depict the rich prose literature at the center of Islamic thought.

The Repose of the Spirits - Ahmad Sam'ani 2019-10-01

Major new translation of a unique and important Persian treatise on divine names in the Islamic tradition. *The Repose of the Spirits* is a translation of one of the earliest and most comprehensive treatises on Sufism in the Persian language. Written by Aḥmad Sam'ānī, an expert in Islamic law from a famous Central Asian scholarly family in about the year 1135, it is one of the handful of early Sufi texts available in English and is by far the most accessible. It also may well be the longest and the most accurately translated. Ostensibly a commentary on the divine names, it avoids the abstract discourse of theological nitpicking and explains the human significance of the names with a delightful mix of Quranic verses and sayings of the Prophet and various past teachers, interspersed with original interpretations of the received wisdom. Unlike the usual books on the divine names (such as that of al-Ghazali), *The Repose of the Spirits* reminds the reader of the later poetical tradition, especially the work of Rumi. The prose is richly embroidered with imagery and interspersed with a great variety of Arabic and Persian poetry. What is especially remarkable is the manner in which the author speaks to his readers about their own personal situations, explaining why they are driven by a love affair with God, a God who is full of compassion and good humor, whether they know it or not. William C. Chittick's masterful new translation brings this work to an English-language audience for the first time. William C. Chittick is SUNY Distinguished Professor at Stony Brook University, State University of New York. He is the author of several books, including *Faith and Practice of Islam: Three Thirteenth Century Sufi Texts* and *The Self-Disclosure of God: Principles of Ibn al-'Arabī's Cosmology*, both also published by SUNY Press.

[The Paradoxes of Love](#) - Llewellyn Vaughan-Lee 1996-05-01

The work of The Golden Sufi Center is to make available the teachings of the Sufi path. The heart's relationship to God is one of the greatest mysteries, for He is both far and near, both awesome and intimate. As he looks at this union's many paradoxes,