

Stroke Rehab A Guide For Patients And Their Caregivers

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The Stroke Recovery Book - Kip Burkman 2010-10-01

Offers information to patients and their families on what to expect following a stroke, looking at types of strokes and why they occur, describing some of the medical complications caused by a stroke, discussing the recovery and rehabilitation process, and including tips on how to reduce the risk of stroke.

I CARE for YOUR BRAIN Interactive Stroke Recovery Guide - Karen Sullivan 2019-06-05

A Comprehensive Guide to Rehabilitation of the Older Patient E-Book - Shane O'Hanlon 2020-11-17

This book will help all health professionals involved in the rehabilitation of older people to provide their patients with the highest possible quality of life and autonomy. Expanded and rewritten by a diverse team of authors, the text is suitable for doctors in all specialties that see older patients, as well as nurses, physiotherapists, occupational therapists, psychologists, dietitians, speech and language therapists/pathologists, physician associates/assistants, healthcare assistants, and many others including patients, family members and students. The book is written in an accessible, no-jargon style and provides a patient-centred perspective on recent advances in the field of rehabilitation - an increasingly important aspect of care for older people. Clear explanations of relevant concepts: ageing, frailty, comprehensive assessment, rehabilitation Broad coverage of all aspects of rehabilitation including different settings Explanations of input from multiple health professionals Problem-based section that highlights solutions to common issues during rehabilitation Specialty-specific areas of rehabilitation such as stroke rehabilitation, cancer rehabilitation, post-operative rehabilitation, trauma, rehabilitation in the community Practical section explaining how to plan discharge safely, run a care planning meeting, organize home supports, continue rehabilitation at home Evidence-based but accessible writing, complemented by practical clinical wisdom Aimed at a broader audience - applicable to all health professionals who see older patients Resources for patients and their caregivers Multiple-choice questions to test knowledge

National Clinical Guideline for Stroke - Intercollegiate Working Party for Stroke 2012

What you need to know about stroke - 2004

Stroke Rehabilitation - Glen Gillen 2004

This 2nd edition remains the only comprehensive evidence-based text on the Occupational Therapy management of the stroke patient. The book is based on the most up-to-date research on stroke rehabilitation and presents its content in a holistic fashion, combining aspects of background medical information, samples of functionally based evaluations, and treatment techniques and interventions. There are chapters on specific functional aspects of living after stroke, such as driving, sexuality, mobility and gait, and self-care. Instructor resources are available; please contact your Elsevier sales representative for details. Case studies are featured in every chapter to help the reader understand how concepts apply to the real world. 2 chapters that feature the true stories of stroke victims, presenting occupational therapy situations from the point of view of the patient. Key terms, chapter objectives, and review questions help students better understand and remember important information. 7 new chapters make this text more comprehensive than ever! Psychological Aspects of Stroke Rehabilitation Improving Participation and Quality of Life Through Occupation The Task-Oriented Approach to Stroke Rehabilitation Approaches to Motor Control Dysfunction: An Evidence-Based Review Vestibular

Rehabilitation and Stroke How Therapists Think: Exploring Clinician's Reasoning When Working With Clients Who Have Cognitive and Perceptual Problems Following Stroke A Survivor's Perspective II: Stroke Reflects the current terminology and categorization used by the WHO and the new AOTA Practice Framework so students will be equipped with the latest standards when they enter the workforce. Updated medication chart presents the latest drugs used in stroke rehabilitation.

Stroke Recovery and Rehabilitation - Richard L. Harvey, MD 2008-11-20

A Doody's Core Title 2012 Stroke Recovery and Rehabilitation is the new gold standard comprehensive guide to the management of stroke patients. Beginning with detailed information on risk factors, epidemiology, prevention, and neurophysiology, the book details the acute and long-term treatment of all stroke-related impairments and complications. Additional sections discuss psychological issues, outcomes, community reintegration, and new research. Written by dozens of acknowledged leaders in the field, and containing hundreds of tables, graphs, and photographic images, Stroke Recovery and Rehabilitation features: The first full-length discussion of the most commonly-encountered component of neurorehabilitation Multi-specialty coverage of issues in rehabilitation, neurology, PT, OT, speech therapy, and nursing Focus on therapeutic management of stroke related impairments and complications An international perspective from dozens of foremost authorities on stroke Cutting edge, practical information on new developments and research trends Stroke Recovery and Rehabilitation is a valuable reference for clinicians and academics in rehabilitation and neurology, and professionals in all disciplines who serve the needs of stroke survivors.

Physical Therapy for the Stroke Patient - Jan Mehrholz 2012-05-23

Clinical evidence clearly demonstrates that physical therapeutic measures begun as soon as possible after a stroke, often within 24 to 48 hours, greatly increase everyday competence and quality of life. Physical Therapy for the Stroke Patient: Early Stage Rehabilitation covers all the issues that physical therapists must deal with in this critical period: assessment of patients abilities; care during the acute phase; early mobilization; effects of medication; risk factors; ethical questions; and much more. It provides complete guidelines on how to examine and treat the patient, the dosage of physical therapy required, and the key differences between early and late stage rehabilitation after stroke. Special Features Information-packed chapter on Optimizing Functional Motor Recovery after Stroke, written by J. Carr and R. Shepherd, pioneers in the field and the first to correlate motor learning and stroke recovery Case studies throughout the book offering direct, hands-on examples of evaluation and treatment methods Nearly 150 color photographs demonstrating step-by-step physical therapy techniques used in actual practice Hundreds of references to the literature that support the evidence-based approach presented in the book For all physical and occupational therapists who must answer the question, How much therapy will help my patient?, this book provides clear, well-informed answers. Not only will it increase your therapeutic skills and confidence, but it will also expand your knowledge of the medical issues and long-term outcomes for the post-stroke patients in your care.

Stroke Diaries - Olajide Williams, MD 2010-04-23

A woman recounts the horror of waking up paralyzed, unable to call for help. A man has a mini-stroke and refuses to listen to his doctor, only to suffer a disabling stroke soon after. A physician recalls watching a tiny baby in the throws of a stroke, convulsing violently. A survivor rejoices after finally crossing the street before the pedestrian lights change back. Blending such highly personal and moving stories with crystal clear medical commentary based on first-hand clinical experience, Dr. Olajide Williams demystifies this potentially devastating illness and provides a

roadmap to recovery. Indeed, Dr. Williams shows that the majority of strokes are not only preventable, but also treatable. Through compelling stories of patients, survivors and caregivers, woven together by easy-to-understand medical explanations, Dr. Williams provides practical tips on preventing strokes with specific lifestyle prescriptions, on recognizing the different forms of strokes, on managing symptoms after stroke, and on overcoming the psychological burden of stroke. He also reviews the new clot-busting treatments, which have dramatically improved the recovery rate of stroke victims. Combining cutting-edge medicine with the gripping stories of patients, survivors, family members, and physicians, *Stroke Diaries* strikes a blow against the current public health crisis in stroke.

Medifocus Guidebook On: Stroke Rehabilitation - Medifocus.com, Inc 2012-01-16

The MediFocus Guidebook on Stroke Rehabilitation is the most comprehensive, up-to-date source of information available. You will get answers to your questions, including standard and alternative treatment options, leading doctors, hospitals and medical centers that specialize in Stroke Rehabilitation, results of the latest clinical trials, support groups and additional resources, and promising new treatments on the horizon. This one of a kind Guidebook offers answers to your critical health questions including the latest treatments, clinical trials, and expert research; high quality, professional level information you can trust and understand culled from the latest peer-reviewed journals; and a unique resource to find leading experts, institutions, and support organizations including contact information and hyperlinks. This Guidebook was updated on January 16, 2012.

Stroke For Dummies - John R. Marler 2011-04-18

Features tons of advice for recovery and rehabilitation Get the latest on the symptoms, diagnosis, and treatment of stroke Have questions and concerns about strokes? This reassuring guide provides invaluable information for stroke victims and their loved ones, from what a stroke is and what it feels like to proven treatments and therapies. You'll see how to implement a plan for preventing stroke, treat the lingering effects of stroke, and maximize home caregiver effectiveness while minimizing fatigue. Discover how to: Understand what causes different types of stroke Recognize warning signs Get the most out of doctors and hospitals Speed recovery with the best treatments Help prevent future strokes Decide the best living arrangements after stroke

Yoga Therapy for Stroke - Arlene Schmid 2018-09-21

A guide to yoga therapy for post-stroke rehabilitation, this book is for yoga teachers and yoga therapists, but also for occupational, recreational, physical and speech therapists who work with people with stroke and may integrate yoga into their practice. Rooted in evidence-based research and written by two yoga teachers who are also academics and researchers in rehabilitation, the book provides basic information about stroke and neuroplasticity, discusses the mind body disconnect that often occurs after stroke, and provides instruction on how to improve balance, strength and range of motion. It also covers effective meditation techniques to help overcome the stress and emotional impact of stroke. Clear photographs demonstrate yoga postures and activities specifically adapted for stroke patients, alongside case studies.

Stroke Patient Education - Dr Denney Erin 2020-06-09

You'll discover practical tools and strategies you can use in the hospital, when you come home, and upon re-entering your community and workplace. This easy to read, evidence-based resource guide puts all the most important information in one place. It will help you understand what to expect, what to look out for, and what "stroke thrivers" do to recover. Written in conversational language In this guide: What is a Stroke? Ischemic Stroke Intracerebral Hemorrhage Subarachnoid Hemorrhage Pediatric stroke Introduction Types of Pediatric Stroke Diagnosis and Treatment Stroke in Children with Sickle Cell Disease Stroke as a Complication of Sickle Cell Disease Blood Transfusions for Children with Sickle Cell Disease Warning Signs Stroke Statistics How a Stroke is Diagnosed Lab Tests and Procedures Blood Tests Imaging Tests CT

Scan MRI Angiography Ultrasound Echocardiogram Electrocardiogram Stroke Treatment Reducing Your Risk Carotid Endarterectomy Stroke medication Antiplatelets Thrombolytics Anticoagulants Drug Information Resources Caregiver Introduction What is Aphasia? Recovering From Stroke What Happens During Acute Care Preventing Another Stroke Home Modification Adapting the Home after a Stroke Home Assessment Profile Bathroom Modifications Bedroom Modifications Kitchen Modifications Housework Help Safety and Mobility References Scroll to the top and click the "Buy Now" butto

Textbook of Neural Repair and Rehabilitation - Michael Selzer 2014-04-24

Volume 1 of the Textbook of Neural Repair and Rehabilitation covers the basic sciences relevant to recovery of function following injury to the nervous system.

Living with Stroke - Richard C. Senelick 2010

You never think it will happen to you or someone you love. Most people are unaware that stroke is the leading cause of disability in adults and the third leading cause of death. Stroke doesn't just affect an individual. It impacts everyone who has a relationship with the person who has had the stroke. HealthSouth has long known this encompassing impact of stroke—its pain, its emotional damage, its debilitating after-effects—not only for its survivors, but the loved ones in its wake. In this newest fourth edition of *Living with Stroke: A Guide for Families*, you will find the latest up-to-date information on stroke including the newest facts and figures on the cutting-edge theories of neural plasticity and how the brain repairs itself. Here, too, in clear, easy-to-understand language is the entire process of rehabilitation, as well as the mechanisms that can create a stroke. You will learn why the correct type of rehabilitation is essential and how to pick a rehabilitation facility.

From Stroke to Recovery My Walk with God - Ms. Kim Blackwell 2017-08-24

this book is for anyone who has suffered a severe illness, catastrophic injury, caretakers, family members and anyone who cannot work again. It is about a 51-year-old active, independent, healthy, Christian woman who was doing what she loved running a art business and working for a travel company. On October 8, 2008 she suffered a massive stroke that would change her life forever. The word recovery represents not just getting back her physical body but obtaining the things she would need to get her life back. She tells of her miraculous recovery and her faith and trust in God knowing he would bring her through the many challenges she would face to obtain what she had worked many years for. With her determination and perseverance she endured until she obtained everything she needed to make her whole again. Such as: a income, health insurance and transportation. This book will provide insight into the process of recovery to help others avoid the unnecessary pitfalls that she went through. Her goal is to eliminate the question for others of

Textbook of Stroke Medicine - Michael Brainin 2009-11-19

Practical textbook aimed at doctors beginning work on a stroke unit or residents embarking on training in stroke care.

Healing the Broken Brain - Mike Dow, Dr. 2017-05-02

Dr. Mike Dow is a best-selling author, psychotherapist, and relationship expert. So why is he writing a book about stroke? Well, what you probably don't know about Dr. Mike is that his younger brother, David, is a stroke survivor. What's more, David's stroke happened when he only 10 years old. This means most of Dr. Mike's teenage years were spent witnessing what his family was dealing with trying to find the best treatments for David. He struggled to know what to do to help his brother. He watched helplessly as his brother wrestled with depression, trying to find the motivation to recover on top of the challenges of adolescence. He mourned the loss of what could have been—and he was angry. How his family would have loved to sit down with top experts in stroke to find out what they should be doing and have their questions answered. Now Dr. Mike has the ability to do just that, and he's doing it so that others in his family's position don't have the same struggle. Armed with questions from stroke survivors and their loved ones, Dr. Mike talks with the best clinicians across the country to get over 100 answers you need to know to maximize your recovery.

Stroke Rehabilitation - Richard Wilson 2018-09-12

Practical and concise, *Stroke Rehabilitation* provides everyday clinical guidance on current methods, techniques, evidence, and controversies in this important area. This focused resource by Drs. Richard Wilson and Preeti Raghavan consolidates today's available information in an easy-to-navigate format for today's practicing and trainee physiatrists, as well as other members of the rehabilitation team.

Brain Injury and Stroke - E. A. Freeman 1998

This handbook offers simple and natural therapies, and its practical, step-by-step description of the road to recovery is backed by useful case studies. For carers, this guide shows how they can become involved in the rehabilitation of patients in the loving, caring environment of their own homes.

My Stroke of Insight - Jill Bolte Taylor 2008-05-12

"Transformative...[Taylor's] experience...will shatter [your] own perception of the world."—ABC News The astonishing New York Times bestseller that chronicles how a brain scientist's own stroke led to

enlightenment On December 10, 1996, Jill Bolte Taylor, a thirty-seven-year-old Harvard-trained brain scientist experienced a massive stroke in the left hemisphere of her brain. As she observed her mind deteriorate to the point that she could not walk, talk, read, write, or recall any of her life—all within four hours—Taylor alternated between the euphoria of the intuitive and kinesthetic right brain, in which she felt a sense of complete well-being and peace, and the logical, sequential left brain, which recognized she was having a stroke and enabled her to seek help before she was completely lost. It would take her eight years to fully recover. For Taylor, her stroke was a blessing and a revelation. It taught her that by "stepping to the right" of our left brains, we can uncover feelings of well-being that are often sidelined by "brain chatter." Reaching wide audiences through her talk at the Technology, Entertainment, Design (TED) conference and her appearance on Oprah's online Soul Series, Taylor provides a valuable recovery guide for those touched by brain injury and an inspiring testimony that inner peace is accessible to anyone.

Stroke Survivor - Andy McCann 2006

Offering a wealth of advice and information for anyone who wants to know more about strokes, Andy McCann explores a broad range of issues experienced by himself and other stroke survivors.

The Stroke Book - June Biermann 2005-03-03

An indispensable, sensitive guide for stroke sufferers and those who care for them According to the U.S. Centers for Disease Control, an American suffers a stroke every forty-five seconds. More than 700,000 Americans each year find themselves struggling to recover from this affliction—and many hundreds of thousands more are there to help them mend. June Biermann, a stroke survivor, and her coauthor—and caregiver—Barbara Toohey, authors of the bestselling *Diabetic's Total Health and Happiness Book*, offer this essential source for those recovering from a stroke and those providing them with support. The *Stroke Book* offers readers: - Clear explanations of the science of this often misunderstood condition - Information on what to expect at the hospital and in rehabilitation - Analyses of encouraging new developments in stroke therapy, including basic and alternative therapies, and traditional and cutting-edge medications - Advice on coping with complex rehabilitation needs, including adjustments for nutrition, mobility, and everyday living, and on understanding after-stroke emotional and cognitive changes - Suggestions for preventing future strokes - Information on how people recovering from a stroke can reclaim their independence and quality of life—and how caregivers can manage their own stresses and sorrows - Heartening words on keeping hope alive with patience and fortitude, and the curative power of humor - Inspiring stories of the stroke and recovery experiences of well-known individuals With stroke now the leading cause of serious, long-term disability in the United States, Biermann and Toohey's optimistic, user-friendly guide to living well after an attack is a vital tool for recovery.

Living with Stroke - Richard C. Senelick 2016-07

The fifth edition of *Living with Stroke* updates this highly popular guide for patients and families. There are 800,000 strokes each year and this book provides survivors and families with the wide variety of information and resources in one location. It has received widespread praise from professionals and laymen for its clarity and readability.

Recovery After Stroke - Michael P. Barnes 2005-03-10

Covering neuroscience and rehabilitation strategies, an essential handbook and reference for multidisciplinary stroke rehabilitation teams.

Stroke Recovery Book - Kip Burkman 2012-02-01

Penned by a rehabilitation physician who has worked with thousands of stroke patients and families, this reference provides simple answers to the many questions that surround strokes and stroke rehabilitation. Free of technical medical jargon, this resource addresses topics such as the anatomy of a stroke, impairments and complications associated with strokes, and preventing and reducing the risk of them. A gallery of photographs that show and explain the latest methodologies in rehabilitation equipment is also included.

The Caregiver's Guide to Stroke Recovery - Lucille Jorgensen 2021-08-24

Learn how to care for a loved one after a stroke, and care for yourself, too A stroke changes the life of more than just the survivor. Becoming a caregiver for a stroke patient means increased responsibilities, hard decisions, and new emotional stresses—especially when the patient is a loved one. This stroke recovery book will help you through these challenging times with knowledge, compassionate guidance, and reaffirming stroke rehabilitation anecdotes. Topics such as medications and treatments, financial and legal decisions, and work-life balance are also covered, as well as: Understanding stroke—Discover the signs and

symptoms of a stroke, explained in layperson's terms, as well as the steps to prevent a stroke from occurring. Care and recovery—Find helpful advice to restore the best health and function possible and be an advocate for a stroke patient with doctors and their support team. Caring for yourself—Uncover practical tips, guidance, and resources for supporting a caregiver's mental and physical health, which are just as important to patient recovery. Ease the challenges on your shared path to healing through *The Caregiver's Guide to Stroke Recovery*.

Collaborative capacity development to complement stroke rehabilitation in Africa - Quinette Louw 2020-12-31

This scholarly book focuses on stroke in Africa. Stroke is a leading cause of disability among adults of all ages, contributing significantly to health care costs related to long term implications, particularly if rehabilitation is sub-optimal. Given the burden of stroke in Africa, there is a need for a book that focuses on functioning African stroke survivors and the implications for rehabilitation within the African context. In addition, there is a need to progress with contextualised, person-centred, evidence-based guidance for the rehabilitation of people with stroke in Africa, thereby enabling them to lead socially and economically meaningful lives. The research incorporated in the book used a range of primary and secondary methodological approaches (scoping reviews, systematic reviews, meta-analyses, descriptive studies, surveys, health economics, and clinical practice guideline methodology) to shed new insights into African-centred issues and strategies to optimise function post-stroke.

Stronger After Stroke - Peter G Levine 2008-10-01

Billions of dollars are spent on stroke-related rehabilitation research and treatment techniques but most are not well communicated to the patient or caregiver. As a result, many stroke survivors are treated with outdated or ineffective therapies. *Stronger After Stroke* puts the power of recovery in the reader's hands by providing simple to follow instructions for reaching the highest possible level of healing. Written for stroke survivors, their caregivers, and loved ones, *Stronger After Stroke* presents a new and more effective treatment philosophy that is startling in its simplicity: stroke survivors recover by using the same learning techniques that anyone uses to master anything. Basic concepts are covered, including: Repetition of task-specific movements Proper scheduling of practice Challenges at each stage of recovery Setting goals and recognizing when they have been achieved The book covers the basic techniques that can catapult stroke survivors toward maximum recovery. *Stronger After Stroke* bridges the gap between stroke survivors and what they desperately need: easily understandable and scientifically accurate information on how to achieve optimal rehabilitation.

The Stroke Center Handbook - Marilyn M. Rymer 2014-03-12

Since publication of the first edition of this book, new treatments have become available in acute intervention for stroke and new evidence has been uncovered regarding prevention and neurorehabilitation. Designed for the entire team at any stroke center, including physicians, nurses, therapists, and administrators, *The Stroke Center Handbook: Organizing Care for Better Outcomes, Second Edition* delivers a timely update of the latest developments in this critical area. Exploring best practice management protocols, the content covers initial presentation, rapid response and emergency interventions, clinical and administrative procedures, and neuro-critical care. Highlights of the second edition include: The significant contribution of telemedicine to stroke treatment Improved organization of EMS systems to route patients directly to stroke centers New devices available for intra-arterial thrombectomy The impact of CT and MR perfusion and angiography on case selection for advanced therapy New pharmaceutical therapies for the prevention of stroke in patients with atrial fibrillation Advances in stroke rehabilitation techniques The authors of the book are pioneers in developing stroke centers and regional networks that have provided diagnosis and treatment to thousands of patients. Their expertise enables practitioners to establish and efficiently manage a facility and to participate more effectively as part of a multidisciplinary care team—providing stroke victims with the best possible outcome.

Stronger After Stroke, Second Edition - Peter G. Levine 2012-12-12

Outlines accessible techniques for stroke rehabilitation and recovery, in a guide for patients and caregivers that covers such topics as the importance of scheduling task-specific movements, goal setting, and understanding the challenges of each stage of recovery. Original.

Occupational Outlook Handbook - United States. Bureau of Labor Statistics 1976

Living with Stroke - Richard C. Senelick 2001

Stroke doesn't happen just to an individual, it happens to families, friends, and loved ones. Both HealthSouth and the American Stroke Association have long known this encompassing of stroke - it's pain, it's emotional damage, it's debilitating after effects - not only on the survivors, but the loved ones in its wake. No one knows more that when stroke strikes, you need support, information, and advice fast. Finding this information has become a reassuring reality in this newest edition of *Living With Stroke: A Guide for Families*. Here, stroke patients and their families, friends, and caregivers can find the newest facts and figures on cutting edge of neural plasticity, constraint therapy, and more. Here, too, in clear, easy to understand language, is the entire process of rehabilitation, as well as the mechanisms that can create a stroke. You will also find a wealth of detail on the emotional reactions families of stroke survivors experience - along with the insight, solid hope, and most important of all, hope.

Clinical Pathways in Stroke Rehabilitation - Thomas Platz
2021-01-14

This open access book focuses on practical clinical problems that are frequently encountered in stroke rehabilitation. Consequences of diseases, e.g. impairments and activity limitations, are addressed in rehabilitation with the overall goal to reduce disability and promote participation. Based on the available best external evidence, clinical pathways are described for stroke rehabilitation bridging the gap between clinical evidence and clinical decision-making. The clinical pathways answer the questions which rehabilitation treatment options are beneficial to overcome specific impairment constellations and activity limitations and are well acceptable to stroke survivors, as well as when and in which settings to provide rehabilitation over the course of recovery post stroke. Each chapter starts with a description of the clinical problem encountered. This is followed by a systematic, but concise review of the evidence (RCTs, systematic reviews and meta-analyses) that is relevant for clinical decision-making, and comments on assessment, therapy (training, technology, medication), and the use of technical aids as appropriate. Based on these summaries, clinical algorithms / pathways are provided and the main clinical-decision situations are portrayed. The book is invaluable for all neurorehabilitation team members, clinicians, nurses, and therapists in neurology, physical medicine and rehabilitation, and related fields. It is a World Federation for NeuroRehabilitation (WFNR) educational initiative, bridging the gap between the rapidly expanding clinical research in stroke rehabilitation and clinical practice across societies and continents. It can be used for both clinical decision-making for individuals and as well as clinical background knowledge for stroke rehabilitation service development initiatives.

Stroke! - Vladimir Hachinski 2003

Suddenly, and often without warning, a life can change forever as a result of a stroke. Strokes occur when a part of the brain stops working due to a blocked or burst blood vessel. Although strokes are a leading cause of death and disability, timely recognition of the signs and symptoms can help prevent the worst effects. In *Stroke*, Dr. Vladimir Hachinski presents readers with a thoughtful, accessible look at North America's leading cause of neurological disability. Topics include: What is a stroke and how to prevent one Hardening of the arteries Signs and symptoms Tests and treatments Drugs, surgical options, and alternative options Featuring case studies, diagrams and charts, *Stroke* is a timely and informative guide to a serious condition. BIO:VLADIMIR HACHINSKI, MD, FRCPC, MSC (DME), DSC (MED), is Chief of the Department of Clinical Neurological Sciences at the London Health Sciences Centre and Professor of Medicine at the University of Western Ontario.

Speechless - Jennifer Gordon 2011

At the age of 43, Jennifer Gordon suffered a debilitating stroke that robbed her of the power of speech. What was it like for an intelligent, articulate, imaginative woman to find herself in a world where she could no longer communicate? *Speechless* tells this story. It describes the often puzzling symptoms leading to the stroke; the shock, then denial, then acceptance of the stroke itself; the periods of hospitalisation and rehabilitation and the long journey back to a 'normal' life. The author experiences despair at being dependent on others; resentment at being judged because she is different; frustration at the need for intense concentration to do even simple things; grief as she becomes aware of a loss of personality; and joy at each small step towards regaining what she has lost. *Speechless* is written with dignity, honesty and humour in a way that evokes empathy but never pity. Anyone who has ever been a patient will feel they can relate in some small way to Jennifer Gordon's

feelings of helplessness, anger, fear and gratitude as doctors, nurses, orderlies, therapists and hospital workers cross her path. Because of this, the book is enlightening reading for all health care professionals as well as relatives and friends and the patients themselves.

The Family Guide to Surviving Stroke and Communication Disorders - Dennis C. Tanner 2007-07

A comprehensive guide for families of stroke survivors, speech pathologists and rehabilitation specialists, and counselors who respond to the needs of stroke survivors and their families, this edition engages all readers on a journey toward understanding, healing, and persevering after a stroke and uses non-technical terms, case studies, questions and answers, and examples.

[Hope After Stroke for Caregivers and Survivors: The Holistic Guide To Getting Your Life Back](#) - Tsgoyna Tanzman 2019-03-07

Yes, you can have Hope after Stroke & You Can Get Your Life Back. Stroke affects 800,000 people yearly, but that's just a statistic. Someone you love had a stroke. Right now, you may be desperate for answers as you struggle to understand the confusing maze of medical terms, therapists, and treatments. Do you wish someone would guide and prepare you for what to expect and how to manage the challenges and the uncertainty of what this disability may mean to your relationship and life? Hope After Stroke is like having a personal concierge therapist at your side, clarifying the medical jargon and empowering you each step of the way. You'll discover simple practical tools and strategies you can use in the hospital, upon homecoming, and re-entering your community and workplace. Hope After Stroke will help you find the hope, certainty and resolve needed for recovery. For more than 25 years, Tsgoyna Tanzman has helped 1000's of stroke survivors and their families answer those questions, recover communication skills and find meaning in their lives after stroke. With compassion, humor, and down-to-earth practicality she focuses on positive outcomes, and makes rehab and recovery a truly transformative experience. Her unique blend of skills as a Speech-Language Pathologist, Master Practitioner of Neurolinguistic Programming, and a Life Coach means she utilizes the best practices of the most successful people on the planet. She's assisted survivors at every stage of their recovery and in every environment including hospitals, residential settings, clinics, home care and finally back into the community and workplace. Hope After Stroke is an easy-to-read, essential and evidence-based resource guide along with real-life stories that will help caregivers and stroke survivors get their lives back after stroke. You will discover how to: - Implement simple strategies and routines to develop resourcefulness and the mindset needed for long-term recovery - Establish daily practices to improve memory - Activate and apply the five known qualities successful Thrivers use to recover and find meaning and purpose in their lives after stroke - Reduce or eliminate anxiety without medication - Communicate more easily and effectively even with aphasia - Develop rituals of self-care that are scientifically proven to improve brain function and overall wellbeing - Ask candid questions about sex and seek resources for sexual issues post stroke - Seek and obtain the best rehabilitative services by effectively communicating with insurance providers, doctors and therapists to maximize recovery and much, much more! Hope After Stroke offers numerous tips and tools along with a variety of real-life stories of stroke survivors. If you want to feel hopeful, empowered, and purposeful in achieving the highest level of recovery then buy Hope After Stroke for Caregivers and Survivors: The Holistic Guide to Getting Your Life Back. Scroll to the top and click the "Buy Now" button.

[A Practical Guide to Comprehensive Stroke Care](#) - Lalit Kalra 2010-12-28

Written for health professionals and managers involved in the planning or provision of stroke care, this book provides a comprehensive, state-of-the-art overview of the evidence and practices that underpin high quality stroke care. It sets the scene by describing the epidemiology, trends and needs of stroke patients, followed by chapters on the prevention of stroke, investigation and management of TIAs (transient ischaemic attack), early management and thrombolysis, clinical management of acute stroke patients and rehabilitation. Each chapter is thematically-linked and provides a complete, up-to-date review of evidence, its implications for clinical practice, proven multidisciplinary models of delivering high quality care, organisation of services for greatest impact within cost constraints and emerging areas for future management of stroke patients. This book is unique as it covers areas such as palliative and end-of-life care for stroke patients, planning and provision of stroke services, benchmarking for quality of services and management of stroke patients in community settings. It will be a unique resource for anyone caring for stroke patients, regardless of discipline or level of expertise,

and provides a quick and friendly compendium of evidence, good practice and practical hints on organising care.

Stroke Rehabilitation - Janet H. Carr 2003

"Covers essential task-and context-specific excercises and training

regimes for optimal functional recovery. Based on scientific rationale and the latest clinical research, this book emphasises the training of effective functional motor performance using methods that both provide a stimulus to the acquisition of skill and increase strength, endurance and fitness." --Cover.